



संयुक्त

समानं चरमणि साधुकाम

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THE ANNUAL MAGAZINE OF NSS-KMC



NATIONAL SERVICE SCHEME KIRORI MAL COLLEGE

Presents

ANNUAL MAGAZINE

2023-24

Dr. Jeetesh Rai

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Co-convenor, NSS-KMC

Prof. Dinesh Khattar

Principal, NSS-KMC

Preface

Welcome to the 2nd edition of संयुक्त, the official magazine of the National Service Scheme, Kirori Mal College. This magazine stands as a reflection of the tireless efforts and unwavering commitment of our volunteers, who have worked together in the spirit of selfless service. Through these pages, we aim to share the stories, experiences, and milestones that define our collective journey as part of NSS.

संयुक्त is not just a compilation of activities; it is a celebration of the values we hold dear—community, empathy, and service. From impactful projects like Sahyog and Sahas to the various events and initiatives undertaken throughout the year, this magazine is a testament to the positive changes we strive to bring to society. It also serves as a platform to showcase the voices of our volunteers, alumni, and contributors who have enriched our work with their passion and creativity.

In this edition, we have captured the essence of what it means to serve, to inspire, and to lead with purpose. Each article, report, and feature represents a story of empowerment, a step towards social welfare, and a reminder of the difference we can make when we come together for a cause greater than ourselves.

We hope that as you turn these pages, you are reminded of the impact of small, consistent acts of kindness, and that you feel inspired to continue being a part of this movement for change.

Happy reading!

Warm regards,
The Editorial Team

संयुक्त



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PRINCIPAL'S NOTE



I hope this message finds you all in good health and high spirits. As the Principal of Kirori Mal College, I am greatly pleased to announce that 'The National Service Scheme (NSS) Unit' of our College is going to re-publish the magazine titled 'संयुक्त: Together We Stand', after its first ever publication in 2023. I would like to appreciate NSS-KMC for providing an enduring service to the society and would encourage & support the unit to continue to do so to the best of their ability in the future.

Since the initiation of 'Project Sahyog' (Child Empowerment) in 2013, the unit has consistently upheld its motto, 'Not Me But You'. The volunteers of the unit have displayed utmost commitment & enthusiasm in educating the underprivileged children under the theme 'Each One Teach One (EOTO)'.

PROF. DINESH KHATTAR

**PRINCIPAL
KIRORI MAL COLLEGE**

After the success of Project Sahyog, the NSS-KMC unit witnessed several challenges faced by the women community. In order to address their issues, the unit launched 'Project Sahas', which aims at upliftment and empowerment of underprivileged women. These two projects also contemplate NSS-KMC's tagline 'Sahas Se Sahyog Karein'.

Apart from this, the unit has organized blood donation camps, food safety awareness, cleanliness drives etc. Several flagship events such as Aashayein, Umang, Women's Conclave, Sahyog Day, and NSS Founder's Day have been organized with equal passion and dedication by the unit.

Lastly, I express my gratitude to the entire NSS-KMC unit who have put forth tremendous efforts to publish this magazine. With that, I send my warmest blessings and best wishes.

Prof. Dinesh Khattar
Principal
Kirori Mal College
University of Delhi

REGIONAL DIRECTOR'S NOTE



Kirorimal College is one of the premier institutions of University of Delhi. It is heartening to learn that the NSS Unit of Kirorimal College is going to launch Annual NSS Magazine in the college containing various new initiatives in addition to the regular and special camping activities of NSS by the unit. It is also learnt that the projects 'Sehyog' was taken up as sustainable projects 11 years ago and still continued related to the education of poor students through the NSS Unit remarkably.

The initiative taken up by the young NSS volunteers of the Kirorimal College of University of Delhi for launching the Annual Magazine is commendable.

I appreciate and convey my heartiest wishes to the NSS Programme officer and all NSS volunteers of Kirorimal College for their efforts in bringing the youth together in nation building activities and also motivating others for joining hands together.

I am confident that their contribution would inspire other students to join NSS and kindle in them the passion towards civic engagement through the Annual NSS Manual of the Kirorimal College of University of Delhi.

Warm regards,
Shraavan Ram
Regional directorate of NSS

SHRAVAN RAM

**GOVERNMENT OF INDIA
MINISTRY OF YOUTH AFFAIRS
AND SPORTS
REGIONAL DIRECTORATE OF
NSS, NEW DELHI**

PROGRAMME OFFICER'S NOTE



It is with immense pride that I present my thoughts in the 2nd edition of संयुक्त, the NSS magazine of Kirori Mal College. As the Program Officer of NSS KMC, I have had the privilege of working closely with a group of enthusiastic and dedicated volunteers who never fail to inspire through their passion for social service.

This magazine encapsulates the essence of our journey over the past year, showcasing the diverse projects, initiatives, and efforts that define NSS at Kirori Mal College. From educational initiatives under Sahyog to our work in empowering women through Sahas, our volunteers have consistently demonstrated that true service goes beyond words—it is about action, compassion, and a desire to make a difference.

DR. JEETESH RAI

**PROGRAMME OFFICER
NATIONAL SERVICE SCHEME,
KIRORI MAL COLLEGE**

The strength of NSS lies in its volunteers, and it has been heartening to witness their growth and dedication to the cause of community welfare. I would like to commend the editorial team and all those involved in bringing this edition to life. Your efforts in curating and presenting the stories of NSS are truly commendable.

As we continue to move forward in our mission of "Not Me, But You," I hope this edition of संयुक्त serves as a source of inspiration and pride for everyone involved in the NSS family.

In service,
Dr. Jeetesh Rai
Program Officer, NSS Kirori Mal College

CO-CONVENER'S NOTE



It is with great pleasure and pride that I contribute to the 2nd edition of संयुक्त, our NSS magazine. As the Co-Convener of NSS Kirori Mal College, I have had the honor of witnessing the remarkable dedication of our volunteers, who continue to embody the true spirit of the National Service Scheme through their actions and initiatives.

This magazine stands as a testament to the collective efforts and resilience of our NSS family. Through projects such as Sahyog and Sahas, our volunteers have consistently demonstrated their commitment to uplifting society, engaging with marginalized communities, and working towards a more equitable world. The achievements showcased in this edition are the result of countless hours of hard work, compassion, and a shared sense of purpose.

I would like to take this opportunity to extend my heartfelt gratitude to the editorial team, the student leaders, and all the volunteers who have made this publication possible. Your dedication and enthusiasm are the driving force behind the continued success of NSS at Kirori Mal College.

As you read through this edition, I hope you find inspiration in the stories and experiences shared by our volunteers. May it remind us all of the profound impact of service and motivate us to continue striving for the betterment of society.

In service and solidarity,
Dr. Vijendra Pandey
Co-Convener, NSS Kirori Mal College

PRESIDENT'S NOTE



As the President of the National Service Scheme at Kirori Mal College, it is with immense pride and joy that I present the 2nd edition of संयुक्त. This magazine is more than just a collection of articles and reports; it is a testament to the spirit of service, commitment, and unity that defines NSS at our college.

In this edition, we reflect on the milestones we have achieved together, the challenges we have overcome, and the indomitable will of every volunteer who has contributed to our mission of social upliftment. From empowering children and women through our Sahyog and Sahas projects to organizing impactful events like cleanliness drives and blood donation camps, each endeavor is a step towards building a more inclusive and compassionate society.

संयुक्त represents the collective efforts of every NSS member who believes in the power of service. It is also a platform to celebrate the voices of our alumni, the insights of our volunteers, and the memories we've created along the way.

I would like to extend my heartfelt gratitude to everyone who has contributed to this edition—our dedicated editorial team, contributors, and all the volunteers who continue to inspire and drive our initiatives forward. Your passion and dedication are the true essence of NSS.

As you turn the pages of this magazine, I hope you feel as proud as I do of all that we have accomplished together. Let this edition be a reminder of the strength we hold as a community and the change we are capable of bringing about.

Together, we serve. Together, we grow.

Warm regards,
Preetesh Patri
President, NSS Kirori Mal College

VICE PRESIDENT'S NOTE



AYUSH

**VICE PRESIDENT
NATIONAL SERVICE SCHEME,
KIRORI MAL COLLEGE**

It fills me with great pride and excitement to be part of the 2nd edition of संयुक्त, our NSS magazine that beautifully captures the essence of service and community at Kirori Mal College. As the Vice President of NSS, I have had the privilege to witness firsthand the extraordinary dedication and spirit of our volunteers, who have worked tirelessly to make a meaningful impact.

This magazine is a reflection of our journey—highlighting the stories, efforts, and moments that define our commitment to serving society. From educational initiatives with the Sahyog project to the empowering discussions and workshops under Sahas, every event, every project, is a step forward in our shared goal of social welfare and nation-building.

I would like to extend my deepest gratitude to everyone involved in making this edition possible, from the editorial team to the volunteers whose contributions light up these pages. Your hard work, creativity, and dedication make this publication not just a magazine, but a celebration of the NSS spirit.

As we move forward, let us continue to strengthen our resolve and expand our outreach, knowing that every act of service, no matter how small, creates ripples of change.

Thank you for being a part of this journey.

In service,
Ayush
Vice President, NSS Kirori Mal College

EDITOR IN CHIEF'S NOTE



BHARAT SINGH RAJPUROHIT

**CONTENT AND RESEARCH
HEAD
NATIONAL SERVICE SCHEME,
KIRORI MAL COLLEGE**

Dear Readers,

Welcome to the annual edition of the NSS KMC magazine(संयुक्त). As we gather to share our stories, work and achievements, I am filled with pride at the incredible work our volunteers are doing to make a difference in the community.

In this year the theme for magazine is **समानं चरमणि साधुकाम**, Meaning "**Let us work together for good**", emphasizing the need for united action towards virtuous endeavors.

Signifying the true spirit of our dedicated volunteers they have done throughout this year in various activities. We spotlight the spirit of service and commitments towards society that defines NSS KMC through its 2 projects - *sahas(empowering women)* and *sahyog(underprivileged children)*. By our tag line of NSS KMC projects "**SAHAS SE SAHYOG KAREIN**" we are contributing to the betterment of society through our best efforts.

From impactful volunteering initiatives to inspiring personal stories, each article reflects our commitment to social change and personal growth. I encourage you to immerse yourself in the pages ahead and celebrate the achievements of our volunteers' work and appraise their cause for change. The division of the magazine first describes the NSS KMC unit, projects, achievements of our sahyog children, events, activities followed by articles and poems section, ending with volunteer;s notes and their experiences, signifying the whole year journey of the unit in this magazine.

As we continue our journey of service, let us remember the power of unity and compassion. Together, we can create positive change and inspire others to join us in our mission.

So with great respect presenting you another edition of sanyukt, go through it and make yourself also contribute to empower the society, to serve the community. **#NOT ME, BUT YOU - SWAYAM SE PEHLE AAP.**

Thank you for your unwavering support and dedication. Here's to another year of making a meaningful impact!

Warm regards,

BHARAT SINGH RAJPUROHIT

Editor-in-Chief

Content and Research Head,NSS Kirori Mal College

Co - Editor's Note



ALOK SINGH

ADMINISTRATIVE HEAD
NATIONAL SERVICE SCHEME,
KIRORI MAL COLLEGE

प्रिय पाठकों,

मैं अत्यंत हर्षोल्लास के साथ यह बताना चाहूंगा, कि हमारे स्वयंसेवकों द्वारा इस वर्ष भी, NSS-KMC की वार्षिक-पत्रिका **संयुक्त**, जिसका विषयवस्तु है- **समानं चरमणि साधुकाम** अर्थात् अच्छे के लिए सभी एक साथ और पूरे आत्ममन के साथ कार्य करें, का द्वितीया संपादन एक अथक परिश्रम और संघर्ष को दर्शाता है। मुझे गर्व है, कि मैं इस महान कार्य को संचालित करने के लिए एक उप-संपादक के रूप में चुना गया।

हम सभी स्वयंसेवक छात्रों ने इस वार्षिक-पत्रिका में अपने पिछले एक वर्ष के दौरान प्राप्त लक्ष्य, सम्पन्न कार्य और घटित घटनाओं को दर्शाया है। NSS-KMC के सभी स्वयंसेवकों ने पूरे वर्ष अपने दिलों- जान से संस्था के अंतर्गत संचालित दोनों परियोजनाओं- साहस और सहयोग के विभिन्न गतिविधियों को सफलतापूर्वक संपन्न किया है तथा इस बात को सिद्ध किया है कि **साहस से सहयोग करें।**

इस वार्षिक-पत्रिका के माध्यम से आपके सामने हमारे स्वयंसेवी छात्रों ने कहानी, कविता, निबंध तथा चित्रकारी आदि के सहयता से अपने कार्यों को प्रदर्शित करने कोशिश की है, तथा आपके सामने यह भी प्रदर्शित करने कोशिश की है कि कैसे NSS-KMC के स्वयंसेवी नायकों ने विभिन्न गतिविधियों, कियाकलापों तथा शिक्षण कार्यों के माध्यम से निःशुल्क तथा सेवाभाव से विभिन्न विद्यार्थियों का मार्गदर्शन कर रहे हैं और अपनी संस्था **राष्ट्रीय सेवा योजना** के उद्देश्य- **Not Me but You** अर्थात् **स्वयं से पहले आप**, को अग्रेषित कर रहे हैं।

आशा करता हूं कि आपको यह वार्षिक-पत्रिका पढ़कर एक तेज़ से ओतप्रोत भविष्य की कल्पना करेंगे तथा आपको संतुष्टि की प्राप्ति होगी कि भविष्य सही हाथों से संवारा जा रहा है।

मैं आपके स्नेह और सहायता के लिए तह-ए-दिल से सराहना और धन्यवाद करता हूं।

सेवा में

आलोक सिंह

उप-संपादक

प्रशासनिक प्रमुख, राष्ट्रीय सेवा योजना- किरोड़ी मल महाविद्यालय

ABOUT NSS



The National Service Scheme (NSS) is an Indian government initiative launched in 1969 to foster student involvement in community service. Under the Ministry of Youth Affairs and Sports, NSS aims to build a sense of social responsibility among students from schools and colleges through its motto, "Not Me, But You." Volunteers engage in activities like health camps, literacy drives, environmental efforts, and disaster relief, focusing on rural and urban development. By participating in NSS, students develop leadership skills, teamwork, and empathy while contributing to national development and community welfare.

FIRST NSS UNIT AT KIRORI MAL COLLEGE

NSS KMC's Evolution:

National Service Scheme at Kirori Mal College has witnessed immense growth since its inception. Starting as a platform for social service in the late 1960s, it has expanded into a dynamic organization, launching projects like SAHYOG and SAHAS. Through initiatives focusing on education, women empowerment, and sustainability, NSS KMC has evolved into a key player in the university's community service efforts, nurturing a generation of socially responsible students.



Krishan Kumar Gupta, the first and founding NSS volunteer in India since 1969, has a remarkable legacy in social work. A Kirori Mal College alumnus, he was awarded the Best Social Worker Award in 1968.

From Kirorimal college, Delhi University in 1968.



ABOUT NSS KMC



The National Service Scheme Unit of Kirori Mal College (NSS-KMC) is a student run organization dedicated to social empowerment within the Delhi community. Founded by Dr. Krishna Kumar Gupta, an alumnus of Kirori Mal College, NSS-KMC strives to cultivate positive change through various initiatives. NSS-KMC is guided by a core set of values: empathy, inclusivity, excellence, and compassion. The organization seeks to provide a holistic development for the community it serves, encompassing not just academic pursuits but also co-curricular activities such as sports, artistic endeavors, and cultural celebrations. Through these efforts, NSS-KMC fosters a well-rounded educational experience that empowers individuals and strengthens the community.

SAHYOG

Sharing smiles



The project Sahyog of NSS-KMC Unit aims to uplift the lives of the underprivileged children of our adopted village Chandrawal. This initiative began on 23rd September 2013, when we taught only one child near the Hanuman Temple. And now, after over 11 years, we have grown to support more than 100 children.

Under the Project Sahyog, we organize 'Daily Each One Teach One (EOTO) Sessions' where we teach children till 12th standard from 3:00 PM to 5:00 PM in the college premises. Apart from academics, we make children play various games in the playground to ensure both their physical and mental well-being. We also make children learn certain essential values and provide them with the basic knowledge to move forward in the society.

On 23rd September 2024, we celebrated the 11th Anniversary of the Sahyog Project, acknowledging its impressive progress in changing the lives of various students alongside making a promise that this initiative has to last forever. Lastly, we try our best to ensure a holistic development of the children who are going to be the future of the nation.

Once a Sahyogi Always a Sahyogi

EACH ONE TEACH ONE

As we have adopted the children of the chandrawal village so we take the obligation of their education. In EOTO (each one teaches one) NSS volunteers embark upon the holistic education and overall development of the underprivileged children.

Everyday we conduct interactive sessions with them between 3pm to 5pm. Their gloomy eyes filled with brightness pushes us to provide them whatever knowledge we possess. Their smiles make us smile and fill our day with inspiration. Apart from their academic growth, we also pay heed to their physical health by providing them an open green ground to play different sports.



AASHAYEIN

NSS MELA





Aashayein, the NSS Mela, is the flagship event of NSS Kirori Mal College, celebrated annually under the Sahyog initiative. This vibrant, day-long event features a variety of captivating cultural performances, with Nukkad Natak being one of the main highlights of the day.



The children we teach through the Sahyog initiative also take center stage, showcasing their creativity through enchanting songs and dance performances.

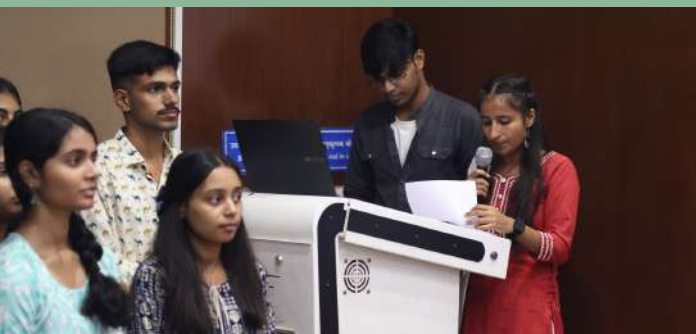
Aashayein offers an array of exciting competitions, including treasure hunts, rangoli making, Diya Making, Mehndi, Food without fire challenge, and much more where students from across the University of Delhi participate, fostering a spirit of camaraderie and friendly rivalry.

Stalls showcasing beautiful arts and crafts made by our Sahyog students are set up, along with various engaging game stalls that add to the festive spirit. The fashion show "Alankaran" adds a dazzling touch to the show, featuring models who express our cultural heritage through innovative and beautiful designs.

Aashayein is truly a celebration of talent, creativity, and the volunteer spirit that unites our community.

UMANG

The Annual Cultural Cum Sports Meet under Project SAHYOG. Children of the adopted village of Chandrawal played a variety of sports like track races, kabaddi, tug of war and more along with volunteers. After this the children were provided with refreshments. The event concluded with Nukkad natak, Sahyog Song and dance performances by children and volunteers. Children were awarded with certificates and prizes for their academic and sports achievements.



SAHYOG DAY

On 23rd September 2024 Nss KMC celebrated the 11th anniversary of Project Sahyog. This event commenced with a warm welcome of students and Principal .It followed by Felicitation of Sahyog students who achieved remarkable in the cuet results , securing admission in top colleges. Cultural performances by the sahyog added glitters to the celebration.The event concluded with a token of appreciation to each Sahyog student.

STUDENTS ACHIEVEMENTS

SNEHA	74.2 %
PRINCE	64.4%
RAJ	64.2%
SOHEL	59.6%
TANU	57.6
NAVEEN	51.6

**Class X
results**

RAHUL	83.30 %
ANUJ	74.60%
SAURAV	73.40%
SANSKRITI	72%
DIVANSHI	70%
VED PRAKASH	69.80%
SURAJ	65.80%
AMAN	60%
SADAF	60%
SEEMA	57.16%
SHIVANI	55%

**Class XII
results**

CUET RESULTS 2024

NAME	COLLEGE	COURSE
RAHUL	SHIVAJI COLLEGE	B.A. PROGRAM
ANUJ	RAMJAS COLLEGE	B.A. PROGRAM
SANSKRITI	LAXMI BAI COLLEGE	B.A. PROGRAM
DIVANSHI	KIRORI MAL COLLEGE	B.A.(H) HINDI
VED PRAKASH	ITI DELHI	STENO. ENGLISH
SURAJ	SHIVAJI COLLEGE	B.A.(H) POLITICAL SCIENCE
AMAN	ARYABHATTA COLLEGE	B.A.(H) HINDI
MUKUL	SWAMI SHRADDHANAND COLLEGE	B.A. PROGRAM
SEEMA	NCWEB	B.A.(H) POLITICAL SCIENCE
KHUSHI	HANSRAJ COLLEGE	B.A. PROGRAM



SAHAS



The project SAHAS initiated by NSS KMC focuses on empowering women and formation of gender neutral society. SAHAS directs to the betterment of underprivileged and unnoticed women in the nearby village of CHANDRAWAL SAHAS unit of NSS KMC have been doing the same through various camps focused towards providing social education, self-defense and self realization for women's acknowledgement in the society. One such example is the event of WOMEN'S CONCLAVE organized by SAHAS unit which celebrates the strides of women. SAHAS unrolls awareness about health, hygiene, and mensuration sanitation through variety of webinars, speeches and seminars given by woman speakers. Activities like self-defense, yoga and fitness camps, entrepreneurship webinars encourages women to prioritize themselves, their health and their skills over anything. This unit since commencement has been working for it's only aim of women's confidence building tirelessly. It provides them with ways for self upliftment in the society. SAHAS unit and the NSS KMC as a whole will always continue to put efforts towards spreading social and personal education to the underprivileged women throughout the country.

"Your spirit is indomitable, your courage is unwavering."



WOMEN CONCLAVE





The Kirori Mal Women Conclave 2024, was the flagship event of NSS KMC under Project Sahas, it was a monumental celebration of the empowerment of Women.

The conclave spanned for two days, from March 21 to March 22, 2024. The conclave provided a platform for thoughts to flourish together between thought leaders, activists and students to get into life-altering conversations and performances. Everything centred around the need to break gender barriers and promote equality. All of the main events are mentioned below. NSS KMC members started off the conclave with an insightful panel discussion that brought influential inspiring women from diverse professional fields on one platform. The students who attended the event mentioned that apart from the insightful discussion, even after getting to know about the life stories of these women was inspiring to them.

To moderate such a panel, we needed an equally intellectual figure, that's why we requested honourable Dr Pratibha Madan mam, from the Economics Department to be a part of this discussion as a moderator. The panel explored the challenges women face particularly in professional spaces and offered strategies to figure out and overcome them. This enlightening discussion aimed to inspire students to challenge societal norms and strive for gender parity in their own careers.

The background features a light blue floral pattern with various flowers and leaves. Overlaid on this are dark blue geometric shapes: a horizontal bar at the top, a vertical bar on the right, and a large rounded rectangle in the center containing the text.

ARTICLES, POEM AND CREATIVE SECTION

HAPPINESS: A JOURNEY, NOT A DESTINATION

Happiness is a universal pursuit, yet its definition and the path to achieving it vary greatly across individuals and cultures. At its core, happiness is often described as a positive emotional state that encompasses feelings of joy, contentment, and well-being. But beyond fleeting moments of pleasure, what truly constitutes happiness?

To understand happiness more deeply, we must look at two philosophical concepts: hedonia and eudaimonia. Hedonia refers to pleasure-based happiness—the pursuit of comfort, pleasure, and the avoidance of pain. It is about satisfying desires and enjoying life's pleasures. On the other hand, eudaimonia is often translated as "human flourishing" or a deep sense of fulfillment. It is about living a life of purpose, personal growth, and virtue. While hedonic happiness is about feeling good, eudaimonic happiness is about living well and meaningfully.

Numerous factors contribute to a person's happiness. These include genetics, life circumstances, relationships, career satisfaction, and health. Research shows that while life circumstances account for some variance in happiness, our habits, thoughts, and actions also play a crucial role. Personal outlooks such as optimism, resilience, and self-acceptance can significantly boost happiness levels.

Happiness is more than just a pleasant feeling; it has profound impacts on our health and well-being. Studies show that happier people are more productive, have stronger immune systems, and are more resilient in the face of adversity. It enhances both mental and physical health, promoting a longer, more fulfilling life.

Scientific studies, particularly in the field of positive psychology, have explored happiness extensively. Psychologists like Martin Seligman and Mihaly Csikszentmihalyi have focused on understanding how people can cultivate lasting happiness. One key finding is that while material wealth can bring temporary joy, it does not guarantee sustained happiness. Instead, practices like fostering relationships, engaging in meaningful activities, and cultivating gratitude have a far more lasting impact on well-being.

Social connections are one of the most significant predictors of happiness. Humans are inherently social creatures, and our relationships with family, friends, and communities deeply influence our happiness.

Mindfulness, the practice of being fully present in the moment, is a powerful tool for cultivating happiness. Often, people are either dwelling on the past or worrying about the future, which robs them of the joy of the present. By embracing mindfulness, we become more aware of our thoughts and emotions, allowing us to experience life more fully and reduce stress. Mindfulness also helps in appreciating small moments of joy and contentment, which cumulatively build happiness.

Gratitude is another cornerstone of happiness. Similarly, maintaining a positive outlook on life helps in coping with challenges, finding joy in everyday situations, and building emotional resilience.

Despite the widespread desire for happiness, many challenges can get in the way. These include stress, mental health issues, societal pressures, and the ever-increasing demands of modern life. Additionally, the human tendency to compare ourselves to others, often exacerbated by social media, can create feelings of inadequacy and unhappiness. Overcoming these obstacles requires self-awareness, personal growth, and sometimes, professional help.

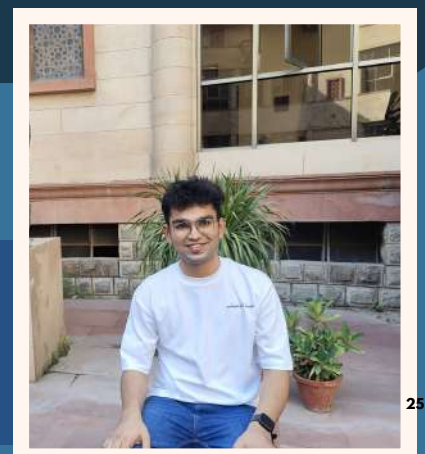
One of the most profound realizations about happiness is that it is a journey rather than a destination. It is not something to be attained once and for all, but rather something to be cultivated continuously

Happiness is found in the day-to-day moments of life, in the pursuit of goals, in overcoming challenges, and in the connections we build. The pursuit of happiness itself can bring joy, as long as we approach it with patience, self-compassion, and an openness to growth. Also, Cultural views on happiness vary significantly across the globe. In Western cultures, happiness is often associated with individual achievement and personal satisfaction, whereas in Eastern cultures, it is often tied to collective well-being, family harmony, and spiritual fulfillment. For example, in many Asian societies, the concept of happiness is linked with balance, harmony, and acceptance rather than constant pleasure. Recognizing these differences helps in understanding that happiness is not a one-size-fits-all concept, and it is deeply influenced by cultural values and traditions.

To me, happiness is about balance. It is about finding joy in the simple things—spending time with loved ones, enjoying the things around me, or pursuing passions—and not getting too caught up in external achievements or material possessions. I believe happiness lies in growth, both personal and collective, and in contributing positively to the lives of others. It's not about chasing perfection, but rather about appreciating the imperfect journey of life and embracing every moment with gratitude.

In the end, happiness is a deeply personal experience, influenced by our values, relationships, and mindset. It is something we can cultivate through conscious choices, rather than something that is handed to us by external circumstances. Happiness, after all, is about the journey and how we choose to navigate it.

Nikhil Singla
2nd year
BA Program



ROLE OF TRIBAL UPRISING

On 1st November 2002, Prime Minister Narendra Modi in his speech said, "The place that tribals could have got in history was not given..... India's past, present and future without tribal community is incomplete, The Santhal started the first fight against Britishers".

After listening to this, curiosity and concern both caught my mind. I was really curious to know more and more about "The Role of the tribal uprising in Freedom Struggle". At the same time, deeply concerned about the matter that we are forgetting their contributions and efforts day by day!

Respected Reader, Won't you think that we give less credit to "Tribal Revolts" when it comes to India's Freedom Struggle? Won't you think that our present generation is forgetting their persistent contributions made to liberate India from the Britishers?

Considering the words of the Respected Prime Minister Narendra Modi, "The place that tribals could have got in history was not given", Don't you think that our inclination is more towards some leaders when it comes to "The Indian War Of Independence" whereas persistent efforts were also made by courageous tribes?

Respected Readers, from the above-mentioned questions, We can conclude that their efforts were of the utmost importance.

So again, Questions arise about what caused these Tribal Uprising during colonial rule. What were the phases of these uprisings? What was its role in the Freedom Struggle? Let us find out...

"Through Language of action, the Tribal uprising acted as Bright Light during India's darkest hours under Britishers"

The tribals were living peacefully in the forest. They were living a satisfying life, worshipping nature and the environment. Their livelihood was dependent on the forest.

Then, What provoked them to revolt?

"Permanent Settlement" where Britishers forced them to practice "Settled Agriculture" despite "Shifting Agriculture" and eventually this led to the loss of their land and livelihood

Restrictions on the use of forest produce and hunting pulled them away from their customs and practices.

Britishers introduced 'The Forest Act' in 1864 under which they made Three categories of forest called Reserved, Protected and Village Forest. Gradually, They established control over these areas and began to impose high taxes on the forest products.

All These exploitations grew their rage and all those accumulated anger busted collectively in such a way that 'Ordinary People' acquired 'Extraordinary Power' and wrote an unforgettable "Chapter Of Courage" in India's Freedom Struggle.

This was done in several phases in the 18th, 19th and 20th centuries. For example, In the 18th century, major tribal uprisings were done by 'Kols, Santhals and Konds.

In the 19th century, uprisings were done by 'Koya and Birsa Munda' and finally, There were some revolts in the 20th century by 'Rampa and Tana Bhagat'.

So, this was all about the theoretical aspect of it, What was the actual and practical role of Tribal Uprisings in India?

Basically, The seeds of the uprising were sown by the 'Santhal rebellion' in 1855, where around 10,000 Santhals mobilized the British leaders to protest against them and had a war between the Modern army (Britishers) and the Traditional army (Santhal). Santhals fought till their last breath. However, Britishers defeated them but the spark of this protest burnt rage among many tribal communities across India. It changed the cowardly perspective of tribes and weaker sections of society who were earlier afraid of the Britishers. Hence, "When Santhals restled with rebellion, the echoes reached the corridors of the British power". The movement led to the foundation of Unity and Nationalism among Indians who were separated by the 'Divide And Rule Policy' of the Britishers. Further, This nationalist feeling led 'Ramosy Uprising' in 1877 in Maharashtra under the leadership of Vasudev Balwant Phadke. Here the tribals protested against the Britishers' inability to solve Famine problems. A renowned tribal uprising took place in 1922 known as the 'Rampa Rebellion'. It was led by Aluri Sitaram Raju. He used Guerrilla Warfare in the fight against the Britishers. Similarly, A famous rebellion took place in Odisha called the 'Paika rebellion' in 1817 when they were exploited by the Britishers under their Tax and Land Acquiring Policy.

Despite these rebellions, many problems were also solved during the colonial era. What were those problems? Let us find out.

So one of the major problems was religious conversion. This was mainly done
Christian Missionaries.

Britishers, the Ethnic Religion of India was preserved and that prevented India from losing its cultural identity. These revolts also allowed the British to understand the importance of Tribal Privacy and Personal Life. It prevented them from interfering in their Intimate Lives. Gradually, Britishers also lost some control over Indian Forests and Tribals were in slightly better condition than before. Tribal Rebellion also spread awareness that the fight for independence was not only the task of some prominent leaders but also the responsibility of the common people. It taught people that they had to take 'Collective Responsibility' if they wanted to liberate India from the Britishers. It spread awareness of how 'Collective Responsibility' and 'Collective Efforts' created 'Compound Effects'.

But despite all, my question to you is why only some leaders like Gandhi ji and Nehru ji come to our mind when we think of independence. Why not Birsa Munda ? Why not Gunda Dhur?

PM Modi is working on the revival of the names of these Tribal Heroes. To honor the Tribal Freedom Fighters, PM Modi declared Birsa Munda's birth anniversary (15 November) as 'Janjatiya Gaurav Diwas'. Many other initiatives like Birsa University, Birsa Institute Of Technology, and Birsa Airport are also taken by our PM.

"It is very hard to forget someone who did so much for us" isn't it?

Hence PM Modi paid tribute to Birsa Munda on his 123rd anniversary and said, "India is correcting the mistake of excluding the contributions of tribals from the history of the country's freedom struggle".

So we can't forget them and their contributions to the history of the country's freedom struggle. They were, are and will be part of our evergreen history.

"Forgetting an important person is same as trying to remember the person you never met" What are your views on it?

Shubham Kumar
1st year
BA (H) Geography



STEPS THROUGH TIME

Life moves in ripples, unseen but felt,
each choice a stone cast into the stream.

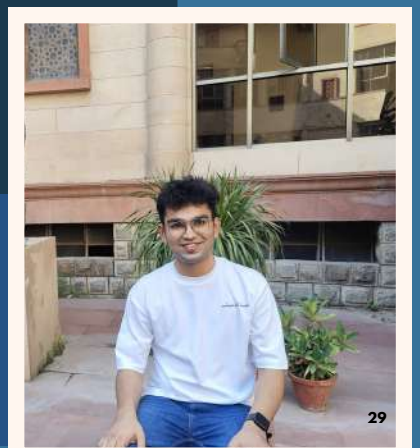
I've known the weight of silence,
and the rush of fleeting joy,
both leaving marks in their passing.

There are roads I've taken,
In every goodbye, I've found a new beginning,
in every tear, a seed of strength.

The journey is not in reaching the end,
but in the moments we gather,
in the steps we dare to take.

Through it all, I've learned:
to lose is to grow,
to fall is to rise,
and to live is to embrace every breath
as a part of something whole.

Nikhil Singla
2nd year
BA Program



ODIA POEM-BOU

ମା'ର ମହମାଧରୀ ମଣା,
ଆଖେରଥବା ଭାବ,
ଜୀବନ ମାରା ଲତାଇ େଦଇ,
ମୋଦ ହଅଣଭାବ।

ସତତ ଥାଉ ଅଛଥବ,
ତମେର ରେହ ସବ,
ମୋର ଜୀବନ ଆଶା ଯାହା,
ତେମ ମା' ଆମ େଲାଇର ଭବ୍ୟ ଉଜ୍ଜ୍ୱଳ ପଥର ସବାସ।

ତମ ପେରମ ମା' ଏମତନେରାଧୀ,
ଆଶା େଦଉଥାଉ ନତ,
ମା' ତମର ଦଆ ସେନହେର,
ମୋ ଜୀବନ ପରପଣ୍ଡି ନତ।

This poem celebrates a mother's love, her ever-present support, and how her nurturing nature shapes our lives.

Preetesh Patri
3rd year
BA(H) Political Science



STUDENT POLITICS

Student, an identity having potential to change the discourse of any nation in terms of political, economic, social as well as intellectual. A student is someone who is eager to learn nonetheless of his age, gender or place of birth. Today, in India alone there are 26 crore active students who are studying in more than 1.5M schools, 43k colleges and 12k universities. Because of the potential they carry they became very imperative in the progress of any country covering all fields whether it's a social aspect or a political one.

And if we talk about politics then there is a very famous statement underscoring it's significance, stated by D. Eisenhower " Politics ought to be the part-time profession of every citizen who would protect the rights and privileges of free people and who would preserve what is good and fruitful in our national heritage ".

So, from here it would be clear that without politics we can't run any society or a nation. Now, what politics mean to me...? For me Politics is that set of arrangements which is required to fulfill the aspirations of an individual or a group or a community or an organisation or a state or a planet itself. It is not limited to an individual person but embraces the whole from the time immemorial. Having a narrower perspective of something doesn't define it's actual scopes. Several journals and research paper have been published to underscore the points of politics. Politics is omnipresent in nature and so amongst the student community as well.

August-September, month of Student Election, thanks to UGC curriculum for one annual election. Newly admitted students get a lot of attention and privileges from the student activist of colleges or universities. In the name of help or cooperation they facilitate them to get into their camp of a separate political activism. But once the initial phase of interaction gets completed, the student activists became political activists and began to explain their ideas in the form of ideologies, which shouldn't be there. Their ideologies are not there but their parent political parties with whom they are affiliated. Political parties are well aware of the importance of students vote turnout. Relinquishing these X-factor turnout is detrimental to parties. In the name of student activism they are running their student's wing which only fulfil the motives of party specific agenda neglecting the debate, discussion and democratic ethos. India has a long history of students politics but not in this manner like we have today. Martyr Bhagat Singh is the prime example of student activist who not only fought for the student's right during colonial time but for the whole country and became a youth icon.

Even today we see a lot of student activist groups deriving their inspirations and ideas from him. Earlier, Student politics revolves around the idea of Socialism, Communism, Capitalism along with topics like inclusiveness and pluralism. These topics were not only debated or discussed in college elections but also find it's way into the national level politics via the active student unions. But now it is reverse in nature. Ideas like Socialism, Communism, Capitalism, Marxism, Pluralism came into the mainstream election and give us many future leaders in the name of Arun Jaitley, Lalu Prasad Yadav, Ashok Gehlot, Mayawati etc.

During Emergency time and recent nation wide protests, we have seen the impacts of students participation and afterwards their role in pressing stakeholders to sit on the table. Student groups have emerged as an important pressure group which not only bolsters the pillars of democracy but also making it functional at the ground level. Students of colleges, universities have a multidisciplinary and creative approach and for a better and bright future we need to channelise their creative and potential political understandings. Decades of 1980s and 1990s saw the greater participation of students at state level politics ranging from Gujarat in west to Assam in East. Leaders like Indira Gandhi and Atal Bihari Vajpayee supported the students participation in the electoral processes and saw them as an impactful sections in our electoral democracy.

But with the time student politics scenario gets changed and now there is an unwanted hype of Student Politics for power, authority, popularity and fame. Topics which were earlier discussed got buried under the ideologies of parent parties of so called student groups. Today every major political party has a separate wing for alluring X-factor voters studying in colleges and universities. These wings are known as Student Wing always having late night meeting for MLAs or MPs support, visits and interaction, but not for issues related to students. Overshadowing of academic growth along with democratic ethos in varsities is condemnable. Delhi University Student Union (DUSU) election and Jawaharlal Nehru University Student Union (JNUSU) elections are two prominent and most discussed student union election. These are most discussed because in recent years it has changed the whole scenario of student union election system. Topic or issue based election get replaced by money or muscles power based election. Regular news of student clashes, disruption of classes, protests, strikes have become normal in almost all colleges of country. The DU campus is blessed with serenity until the election season starts. During this season the college campuses get filled with chaos and

loyalty battles wrung out, with roads synonymous with lying pamphlets and democracy walls of college echoing with slogans. Goons get employed by the Contesting candidates to ramp throughout the campus.. The NUSU which was once seen as intellectual's election get converted into lateral entry provision of state or national level politics. Hooliganism is overriding idealism, muscles power is overpowering intellectual and the most concerning subjugation of Student politics by political parties. Contestant of JNUSU won their personal political battle by defeating the points of college elections.

Student politics is considered as a platform which allows youths to articulate their apprehension and to participate in the democratic system. The goal of varsity is not only train students in any particular subject or theory but to prepare students holistically by giving them an opportunity to take part in an inevitable mechanism of any nation. Student Union elections not only prevent radicalisation but in place of that give space to create its own framework of working inspired by the theoretical knowledge gained by the same varsity. It act as a stage for youth to address the grievances and their solutions at a bedrock level. Catering students' political interests, ambitions into a synchronous manner will give new and dynamic perspectives to Indian Electoral Mechanisms. By imbibing the art of deliberation and discussion they can be a better future leader and will appreciate the democratic processes of our country.

Questioning on the existence of Student Politics is not a good idea, having lacunae in a system is different thing and having no system at all is totally different. Currently, the student politics is going off the track and we need to shift that track by our constructive ideas on contemporary issues sidelining the political parties manifestos. Caste, Religion, Regional or community based politics is destructive and have no places in arena of issue or case based politics. The need of the hour is to raise the leaders of tomorrow with an independent student politics and let them invent new and ground breaking ways of dissensions without disruptions in their academic disciplines. Let Student Politics be "The Politics for the Students by the Students and of the Students."

Sujeet Kumar
2nd year
BA Program



Abuse Culture: A Reflection on Society's Normalisation of Verbal Aggression

In recent years, the use of abusive language has become alarmingly common in everyday conversations. Whether among friends or even in public discourse, people casually throw around offensive words as though it is just a part of modern communication. The question that arises is whether this behaviour should be normalised, and more importantly, if it reflects a progressive mindset in the 21st century.

There is a growing mentality, particularly among youth, that if one cannot abuse their friends, they aren't truly close. This misguided notion of camaraderie through verbal abuse is both troubling and unacceptable. In an era where society advocates for progressive ideals like women's empowerment and financial independence, this normalisation of abusive language reveals a deeper cultural flaw: the perpetuation of objectification and disrespect, especially toward women.

The issue becomes more concerning when we recognize that much of this abusive language is gendered, with words that explicitly objectify women and demean their dignity. Such language often takes the form of insults directed at mothers and sisters, giving it a grotesque undertone of verbal sexual harassment. It is paradoxical that in a time when humanity has achieved extraordinary feats—reaching space and advancing technologically—we still allow a primitive mindset of female objectification to persist.

The use of offensive language toward women in everyday speech is not just a harmless venting of frustration. It forms the foundation for more harmful behaviours. Abuse starts with words—hearing and repeating them—and gradually becomes ingrained in our psyche. What starts as casual verbal aggression can escalate into actions like domestic violence or even rape. Language shapes thoughts, and when abusive language is normalised, it creates an environment where disrespect toward women is not only tolerated but encouraged.

The entertainment industry, particularly through movies and OTT platforms, has played a role in propagating this culture. In the name of realism or comedy, films frequently showcase abusive language, desensitising viewers, particularly the younger generation, to its harmful effects. While free expression in art is important, creators must also acknowledge the impact their work has on social attitudes.

A deeper examination of the psychology behind these gendered abuses reveals that they stem from patriarchal attitudes. For centuries, society has placed men in dominant roles while reducing women to symbols of household honour. This patriarchal mindset views women as extensions of male pride and ego, especially mothers and sisters. Thus, when someone directs abusive language toward a woman in a man's family, it bruises his ego and is perceived as a personal attack. This dynamic of dominance and control is a core issue in why such language persists.

The widespread use of abusive words not only highlights a cultural flaw but also reflects the deep-seated insecurities and immaturity of those who engage in it. The normalisation of such language is a symptom of a larger problem—a failure to promote respect, empathy, and mutual understanding.

The normalisation of abusive language, particularly when it objectifies women, is a serious issue that needs to be addressed. Words have power. They shape attitudes, influence behaviours, and reflect the values of society. Allowing abusive language to become a casual part of everyday conversation undermines efforts toward equality and social progress. It perpetuates harmful stereotypes, reinforces patriarchal structures, and fosters an environment where disrespect and violence can thrive.

To combat this, we must encourage conversations about respect, empathy, and equality. We need to critically examine the media we consume and the way we communicate with one another. Abuse, in any form, should never be normalised. Instead, we must work toward a society that values kindness, understanding, and dignity for all.



Ankita Jaiswal
2nd year
BA (hons) Economics

ATHEISM AND MORALITY

Atheism is the belief that there is no god. Some people think that atheists must be bad people because they don't believe in God. But this is wrong. Atheists can be just as good or bad as anyone else.

There are many different ways to be good. Some people believe that being good means following the rules of a religion. But other believe that being good means being kind, helpful, and fair. Atheists can follow these rules too. Many important people in history have been atheists. They have fought for things like equality and justice. This shows that atheism can be a force for good in the world.

The Myth of the Moral Vacuum-

One of the most common arguments against atheism is that people who don't believe in God will do whatever they want without any rules. But this is not true. Humans are social animals. We have a natural sense of empathy, which means we can understand and share the feelings of others. We also have a natural sense of cooperation, which means we work together to achieve common goals.

These qualities can help us make goals. These qualities can help us make good choices, even if we don't believe in a god.

Atheists have developed their own ethical frameworks. These frameworks are based on principles like human rights, empathy, reason, and justice. Some examples of these frameworks include :

- Utilitarianism : This means choosing the action that will make the most people happy.
- Deontology : This means following rules and doing your duty, even if it's hard.
- Virtue Ethics : This means developing good character traits, like honesty, compassion, and courage.

These frameworks show that it's possible to be good without believing in a god.

The Role of Empathy and Reason-

Empathy and reason are two important things that help us be good. Empathy is the ability to understand and share the feelings of others. Reason is the ability to think clearly and make good decisions. When we combine empathy and reason, we can make good moral choices.

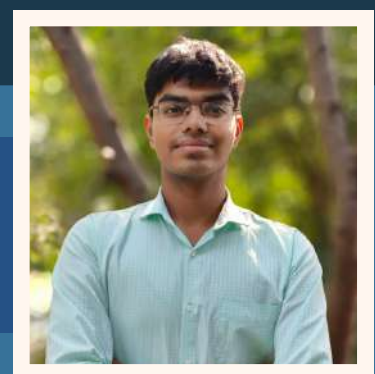
Atheism and Social progress-

Atheists have played a big role in social and political progress. They have fought for things like equality, justice, and the well-being of all people. This shows that atheism can be a force for good in the world.

Some famous atheists are-

- Karl Marx : A German philosopher, economist, and sociologist who was vocal critic of religion, viewing it as a tool of oppression.
- Albert Einstein : A renowned physicist who famously stated, "I am not religious. I am a deeply religious person." He believed in a cosmic order but rejected personal deities.
- Bertrand Russell : A British philosopher, mathematician, and social critic who was a prominent atheist and humanist.
- Richard Dawkins : A British biologist and author who is a vocal advocate for atheism and has written extensively on the subject. Atheism does not mean that someone is bad. Atheists can be just as good or bad as anyone else. They can follow moral rules and be kind, helpful, and fair. Atheism has also played a positive role in history.

Utkarsh Gautam
2 nd year
Bsc prog



"Echoes of Friendship: Navigating the Tides of Time"

In the story of six dear friends, once so near,
Life's twists and turns filled my heart with fear.
College and careers led us far and wide,
Leaving me longing, my heart opens wide.

Emotions, like tides, ebb and they flow,
Leaving me wondering how time could go.
Our loyalty remains, our love endures,
Yet a part of my heart still silently moors.

The miles that divide us feel like a theft,
Leaving me longing for what's left.
I wish for the days when we were all near,
When life's burdens were fewer, our paths clear.

Now, I yearn for the moments we once knew,
To turn back the clock and start anew.
But as life moves forward, we can only reflect,
On the friendship we cherish, the love we protect.

"Navigating the Labyrinth: The College Dilemma and the Quest for Exploration"

College, for many, is a whirlwind of experiences, decisions, and emotions. It's a time when students stand on the precipice of adulthood, filled with dreams and ambitions, yet often overwhelmed by the uncertainties of the future. The college journey is akin to navigating a labyrinth, and the decisions students make can significantly shape their lives.

One of the central dilemmas college students face is the uncertainty surrounding their future. The pressure to choose a major and chart a clear career path can be daunting. It's easy to feel trapped in a web of expectations, not knowing if the chosen path will lead to a fulfilling future. This dilemma can lead to sleepless nights, stress, and even self-doubt.

However, college is also a time of exploration. It's an opportunity to dip one's toes into various fields of study, to experiment with different extracurricular activities, and to meet people from diverse backgrounds. This urge to explore newer things is a fundamental part of the college experience. It's about discovering one's passions, interests, and values.

Balancing the uncertainty of the future with the desire to explore can be tricky. Students often find themselves torn between pursuing a pragmatic, job-oriented major and following their heart's true calling. The key lies in striking a balance between these two, allowing for both personal growth and practical preparation for the future.

In this labyrinthine journey, it's crucial for students to seek guidance, make informed choices, and remember that college is not just about the destination but the journey itself. The dilemmas and confusion are part of the process, shaping individuals and preparing them for the myriad possibilities that lie ahead. College life is a transformative experience, and it's through embracing these uncertainties and exploring the unknown that students can truly find their path in this complex maze.

Preetesh Patri
3rd year
BA(H) Political Science



जीवन विचित्र पहेली है

जीवन एक पहेली है, परिश्रम उसकी सहेली है।
देखो चुनौतियाँ आई हैं, सफलता का मार्ग संग लाई हैं।।
चाँद की शीतलता है जीवन, सूरज का तपन है, जीवन।
परोपकार का दान है जीवन, इसी रीत का नाम है, जीवन ।।
जन्म का उल्लास है जीवन, मृत्यु की तड़पन भी जीवन ।
जन्म मरण के मध्य में, अभिनव दृष्टिकोण है, जीवन ।।
सभी नव रसों के भावों से, जीवन बनी रंगोली है।
मानो या न मानो जीवन विचित्र पहेली है।।

Abhinav Pant



Women Empowerment

Women empowerment means giving equal chances to women .It means giving equal opportunity to women in all the sectors like giving education, good career , freedom and leadership positions as well.When women are empowered they can live their lives freely without being dependent on their family and spouses. If they are being treated unfairly or facing violence they can raise their voice.

Empowering women is crucial for overall progress of this society. When women have equal opportunities, whole society gets benefitted.For instance ,when women participate in a workforce they contribute to family support and economic growth.Their diverse perspectives and innovations enhance and strengthen the communities .

Women will prioritize their childrens education and health which will automatically impact a brighter future for all the communityWhen women have the power to speak up, they can stand against discrimination and make sure they are treated with respect. This will help to reduce the violence against women because empowered women can demand justice. Women's empowerment in India is a critical aspect of developement.When women have the power to speak up, they can stand against discrimination and make sure they are treated with respect. This will help to reduce the violence against women because empowered women can demand justice.

Women's empowerment in India is a critical aspect of developement. Empowering women is not just a matter of equality but also a catalyst for societal progress and economic growth and a secured future making it a important for us all to advocate and support women rights and opportunities

Ayushman
2nd year
B.Sc. Physical Science



"Whispers of Hope: A Decade of Sahyog's Gift to Underprivileged Hearts"

In the heart of a bustling city's midst,
A project named "Sahyog" exists.
With NSS KMC's guiding hand,
A decade of care, like grains of sand.

Underprivileged children from different classes,
Gather here, where everyone surpasses,
Expectations of what life could be,
In this haven of love and unity.

Every day, they teach and play,
Chasing life's shadows far away.
In this haven, they learn and grow,
With hearts that kindness freely bestow.

Laughter and joy, like a river, flows,
In Sahyog, the love for learning glows.
A decade's legacy, a story to be told,
Of nurturing futures, pure as gold.

Sahyog, a name etched in eternity's embrace,
Spreading goodwill, leaving a heartfelt trace.
With hopes and dreams that never part,
It's a testament to love's endless art.

Preetesh Patri
3rd year
BA(H) Political Science



Am I lost ?

Chasing the career,
I asked- where am I ?

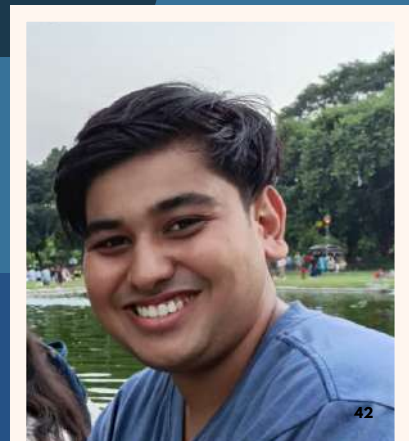
Remembering springtime,
I asked- where is my smile?

Looking at the world,
I asked - who am I ?

Considering my
responsibilities,
I asked, why did I grow up?

After realising everything,
I asked- am I lost ?

Harshvardhan S.M. Anand
1st year
BA(hons) history



औरत और नज़्म।

हर दफा सोचती हूँ,
क्यों हर नज़्म बेदाग चेहरे और कजरारी आँखों पर ही बुनती है?
क्यों एक औरत को उसकी खबसूरती के परे नहीं देखा जाता?
हर गज़ल, हर नज़्म उसकी जुल्फों से लिपटकर खत्म हो जाती है।

एक औरत की तहम्मूल, उसका इश्क और उसके सपने भी
काबिल-ए-तारीफ होते हैं,
क्यों कोई नहीं ललखता औरतों की दबी हुई चाहतों, उनके दफन
सपनों के बारे में?

मगर इस दुनिया ने तो बस औरतों को खबसूरती के तकाज़े में
तोलकर खोखला बना दिया है,
और छोड़ दिए हैं उनकी शकल और चाँद के दाग।
एक दफा कोई ज़रूर ललखेगा, उसके अरमान, उसकी उड़ान
और उसके इश्क-ए-बर्न के बारे में,
और तब बनेगी एक ऐसी नज़्म, जिसे दुनिया का दस्तूर भी नहीं
समझ पाएगा,
और वो हमेशा के लिए ला-फानी हो जाएगी।

वैष्णवी मिश्रा

Vaishnavi Mishra
1st year
B.A. (hons) history



Always You

Like a lone star in the velvet darkness,
whose sapphire beacon ignites hope and guidance.

Eyes, like distant galaxies, shimmer with untold
stories,
That I wished to read with all the glories.

As downy whispers kiss the winter night,
your breath lulls me to sleep with a promise of
serenity and delight.

Though skies may crack and oceans roar,
"You are precious" echoes like a sweet song I adore.

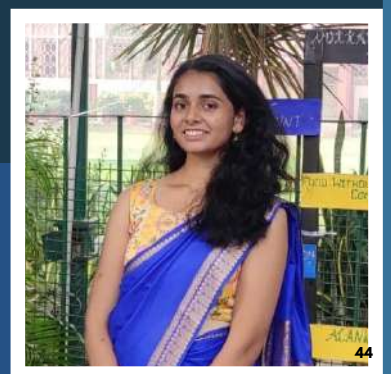
Even when your storms echo mine,
I'll hold you still, in love's quiet shrine.

A silent conversation echoing in the space between
our hearts,
Holding the memories with whispers of laughs.

It all began as a symphony that plays eternally;
I hoped for it to never end like a timeless melody.

Ah! the bliss of hindsight's sting,
to know it was you all along, my being.

Ridims Jaiswal
2nd year
BA(H) Political Science



ENVIRONMENT Vs ECONOMICS- भारत

Whether we talk about the G20 Summit in India, UN meetings, or newspaper articles, there is always discussion about climate change and its impacts on us. However, when someone advocates for saving the environment or trying to reduce climate change, the response often becomes: we lack development, and to grow economically, we need to use resources. This debate often leads to a tussle, making it hard to reach a consensus.

We need not look far; let's take the example of the Wayanad landslides versus the Western Ghats. Ecologist Madhav Gadgil recommended the ESA (Ecologically Sensitive Areas) concept long ago, but some state governments did not approve it for development projects, and a consensus was never reached. After the landslides, a research report indicated that deforestation and changes in natural vegetation in Wayanad since British times had weakened the soil's capacity to hold water. This clearly shows that for economic growth, the environment is being reshaped according to our needs, damaging the resources for future generations.

Another case, though not widely known due to its delayed impacts, is the Great Andaman and Nicobar Project. This mega-project aims to build an airport, a port, and a solar power plant in the southern part of the islands to deploy more security forces there. However, it poses a threat to the indigenous tribes and the natural flora and fauna of the islands.

As the nation aspires to become a \$5 trillion economy and aims to be among the top three economies in the world, at whose expense is this ambition being claimed? Extracting resources is not the only response; the issue of population growth is rarely examined deeply, while growth remains the primary focus. If there were a shift toward addressing population growth or prioritizing green GDP, the situation could have been different.

For instance, the National Capital contributes 3.6% to the national GDP, increasing from 1.4% in the 1960s. However, this increase is accompanied by a rising population and significant pollution levels. The capital finds itself among the most polluted cities. What kind of development is this? We are jeopardizing the health and lives of people in the name of growth.

Developing ones to halt resource exploitation to save the environment. It feels as though they benefited while saying to others, "No, you can't grow, as it will harm both of us." This raises the question: who is responsible? Our economy is one of the most nature-dependent in the world, with around 33% of GDP coming from sectors related to nature, most of which are threatened by climate change impacts. This is why the idea of sustainable development emerged in the 1980s, leading to the adoption of the Sustainable Development Goals (SDGs) by the UN.

While economic development is essential for growth, infrastructure, poverty eradication, job creation, security, technological innovation, and inclusive growth, saving biodiversity, ecosystems, natural habitats, wildlife, tribes, culture, and resources is equally important. Development can be delayed or achieved through other means, but once natural resources are lost, they are difficult to recover, and the costs of such losses can be astronomical. It is crucial to consider both short-term and long-term benefits while prioritizing what is truly important.

Although many movements, committees, and organizations are formed whenever the issue of economic development versus the environment arises, history shows that growth often prevails, leading to compromises on environmental concerns. This pattern has caused people to reflect on how their nature and surroundings are impacted. Thus, it is possible to strive for balanced development without causing others to suffer.

Bharat Singh Rajpurohit
3rd year
BA program



Sometimes your heart and mind needs rest for a while, And a break from everything for a little while. Follow your heart heal yourself, first. Let your mind have the peace, take a rest.

To control emotions, it is important to understand your feelings.

Do whatever you want if it makes you happy Don't let other people dictate your decisions and future, push your fear to the side let them judge because, it's your life and you only get one after all.

Life is a journey and you have to face the bad roads in your journey. Feel the beauty of every emotion of life and bad times. Find yourself to live your way in your life and If in any way you'll find that you are on the wrong path just take a U-turn. Be a real you, enjoy your journey, love your journey.

मेरी चौखट पर शाम बैठी है, जैसे कुछ तो बताना चाह रही है। उदासी ओढ़े हुए मुस्कुरा रही है, मेरी चौखट पर बैठी शाम बता रही है॥ अंधेरे से कभी ना घबराना तुम, और धीरे-धीरे सूरज को ढलना सिखा रही हैं। उदासी ओढ़े हुए मुस्कुरा रही है, मेरी चौखट पर बैठी शाम बता रही हैं॥जैसे कि अपनी सच्चाई से रुबरु करा रही है, अंधेरे में एक उजाले की किरन दिखा रही हैं। टूट गया है सब्र फिर भी जीना सिखा रही है, मेरी चौखट पर बैठी शाम शायद कुछ तो बता रही है॥

Isha Baliyan
2nd year
BA(hons) Geography



Let's Fly Together

Let's flap our wings and fly together,
Break the chains of patriarchy forever.
We stand united, hand in hand,
No longer silent, we take a stand.

We need more women in leadership roles,
Their ideas their vision, and their goals.
We own our bodies, we own our minds,
We leave oppression far behind.

We lift each other up, we amplify our voice,
We fight for our rights and our choice.
Together we'll reach the highest of heights,
And achieve our goals with all our might.

Let's build a world where love conquers hate,
And create a future we'll all celebrate.
Not just a dream, but a reality to see,
Where women are truly, completely, free.

Paridhi
1st year
Bsc (Hons) Statistics



School like our second house..
A beautiful time period of life,
a journey of discovery,
A path towards knowledge and victory,
A place where learning is a treasure,
A realm of curiosity and pleasure.

Teachers like our best friend...
guide us with their wisdom,
Sharing their expertise and vision,
Nurturing our growth and potential,
Preparing us for the world that's essential.

School a beautiful part of life....
a journey of challenges and growth
Where students learn to rise up, and show their worth
Challenging expectations, rigorous academics
A life filled with tests, lectures, and lots of antics
The classroom like our hommy room
a place where minds come alive
Where knowledge is gained ,and skills are derived
Math, science, literature, and history
The curriculum is diverse ,and its learning is a mystery

Friends like our siblings
We form friendships, we share laughs,
We learn from our peers, in different paths.
We find our voice, our passions, our strengths,
And become more self-aware, at any length.

Memories, which we cannot forget...
We leave school, but the memories remain,
Of laughter, tears, and moments so mundane.
We cherish the friends, the teachers, the experience,
And we go forth with confidence, without any
hindrance.

A beautiful life...
School life, a journey that never ends,
Where we learn to love, and care and mend.
Where we grow into our best selves,
And live a life, with joy and no delves.

Chesta Gupta
1st year
BA(hons) history



फुरसत वाली नज़र

कभी बैठे हो शाम में
नदी के किनारे की ऊंची मेड़ पर?
और देखा है सूरज को धीरे-धीरे ढलते?

या फिर लेटे हो चारपाई डाल के
गरम की लू भरी दोपहरी में
किसी आम की बारी में
और बिताई है पूरी दोपहरी
आम चूसते हुए?

कभी उस हल्की सी महक को
महसूस किया है?
जो आती है जेठ की तपती हुई मिट्टी से
जब पड़ती है उस पर
अषाढ़ की बारिश की पहली बूंद?

या फिर कोशिश की है
ठंड की कोहरे से ढंकी भोर में
ओस से सजी दूब वाली
पगडंडी पर नंगे पांव चलने की?

लेट के तसल्ली से देखा है कभी
चींटी को चीनी का टुकड़ा लेके जाते हुए?
या पकड़े हैं मेढक...
छोटे-छोटे... ढेर सारे...
खिलवाड़-खिलवाड़ में?

देखी है क्या उस छोटे बच्चे की खुशी
जब दादा जी उसको कंधे पे बिठाकर
घुमाने ले गए थे
और दिखा लाए थे खलिहान,
ये फुसला कर कि ये घोड़ा है?

या देखा है क्या उस बूढ़े दादा के
चेहरे की हंसी को
जब ठंडी की शाम में
आग के चारों ओर जमती है
चाय के चुस्की के साथ
उनके यारों की महफ़िल?

कभी भागे हो बैठ लेकर
इस बात के लिए
कि नहीं ये ट्रायल बॉल थी?
या फिर कभी लड़ते-लड़ते
हंस दिए हो अचानक
और फिर सारा गुस्सा गायब?

दुनिया ऐसे और अनेक
खूबसूरत लम्हों से भरी पड़ी है
तो अगर उन सब को नहीं देखा है,
तो अभी तुमने जिंदगी को जिया ही नहीं है,
और अगर देखा है तो तुम्हें मालूम होना चाहिए
कि जिंदगी कितनी खूबसूरत है।

इन खूबसूरत लम्हों को
गिना नहीं जा सकता,
और ना ही इनके दीदार के लिए
कहीं जाने की जरूरत है,
बस जहां हो बैठ जाओ तसल्ली से
और देखो अपने चारों ओर...

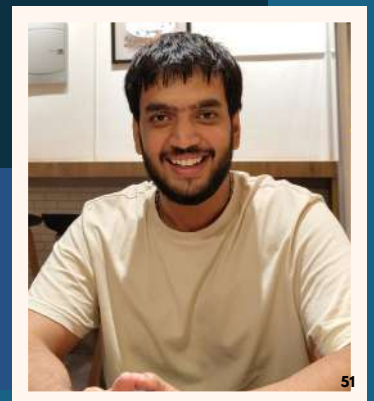
Shreyansh Dwivedi
2014 Batch



आशाएं : एक व्यक्तिगत अनुभव

दीपों की माला, उत्सव का श्रृंगार,
NSS के संग, था सपनों का आकार।
चंद्रवाल के नन्हे हाथों की छाया,
हमने देखी एक नई दुनिया की काया।
अंतरमहाविद्यालयी स्पर्धाओं का शोर,
भीड़ और हलचल से भरा हर एक कोर।
सहयोगियों ने संभाला वो हर कोना,
जोश और जुनून से था दिन का बिछौना।
मिली मुझे मौका, संगठन का मान,
मेरे साथ था NSS का पूरा ईमान।
सहकर्मियों और जूनियर्स का साथ,
सजाया हमने वो दिन, मन में विश्वास।
पर वो पल खास, जब जिम्मेदारियों के बोझ से दबे हुए
दोस्त ने थामा हाथ,
उपाध्यक्ष की मूरत, शांत और सौम्य बात।
नंगे पाँव दौड़कर भी उसने दिया साथ,
उसके योगदान ने दिन को किया यादगार,
वो दिन न भुलाने वाला,
जब 'आशाएं' ने सबके मन में रंग भरा।
सपनों की वो रौशनी, दिलों में संजोई,
हमारे संग सबकी आँखों में आस रोई।

Akash Chandra Awiskar
Batch of 23



To All,

One of the gratifying decision of my life was to become a part of sahyog . Teaching them is a profoundly rewarding experience for me.It requires empathy, adaptability, and creativity.

Despite facing numerous challenges, including limited resources and emotional trauma, these students demonstrate remarkable resilience and determination. the love and respect shown by them makes every challenge a cake walk. we are making a great change in their lives through this platform and this also play a vital role in fostering their confidence, self-esteem, and academic growth. Students cooperated with us and did hardwork , put all their efforts to break poverty cycle and takes admission in good colleges which is a wonderful reward for us .Through this experience I had developed a deeper understanding of social justice, cultural competence, and the transformative power of education. Thanks for the love , respect and for making us proud.. All the best .Hope sahayog grows infinite and students touch the sky.

By

Shalini

Batch 2015-18

कलयुग में कृष्ण न आयेंगे

कब तक अपने मन के जोहर में जलती रहोगी तुम
कब तक हवस के हाथों चढ़ती रहोगी तुम
कोई न आगे आएगा, जब तक खुद न शस्त्र उठाओगी
वो दिन फिर से कब आएगा, जब महिषासुर मार गिराओगी।

उठो द्रौपदी शस्त्र उठाओ, वरना दुर्योधन बनते जाएंगे
महाभारत तुमको खुद रचना है, कलयुग में कृष्ण न आएंगे।

सब कहते हैं तुम नारी हो, मर्द की उंगली पर नाचने वाली हो,
कब दिखाओगी इनको मां दुर्गा हो तुम ही, तुम ही देवी चांडाली हो।

भूल गए शायद ये सब इतिहास और सत्य सनातन को,
कब दिखलाओगी सच्चाई इन जिस्म की भूखी आँखों को।
अरे नारी तो झांसी में थी, जिसने लोहे के चने चबवाए गोरों को,
नारी तो मां काली भी थी, जिनसे अनगिन मारे असुरों को।

कहती हो तुम देवी हो, क्या सच में देवी बन पाई हो,
फिर यौवन में हवस के हाथों क्यों लज्जा की बलि चढ़वाई हो,

दावा करता हूँ, अगर सच में तुम देवी बन जाओगी
हवस से मैले हाथों को धर से काट गिराओगी
जागो नारियों शस्त्र उठाओ, अपनी लाज बचाओ तुम
मत रखो उम्मीद इन सत्ता भक्त दलालों से न लाज ये तुम्हारी बचाएंगे,
महाभारत तुमको खुद रचना है, कलयुग में कृष्ण न आएंगे।

Devansh Bharti
1st year



अनजान

क्या खूब होते थे,
जब हमे बचपन में होते थे।
इस दुनिया से अनजान,
हम अपनी दुनिया में जीते थे।

छोटा गांव, खूबसूरत सा स्कूल, घर परिवार,
चार दोस्त, दो साइकिल,
जब खेतों के रास्ते होते थे।

सुख-दुख, चिंता-विवाद,
सब से अनजान,
तब हम खूब आनन्दित होते थे।

रिश्ता क्या, निभाना क्या,
इन सब से अनजान।
फिर भी एक चॉकलेट,
आधी-आधी खाते थे।

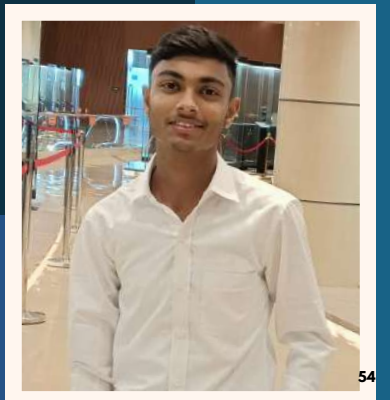
अगर मगर बहानों से अनजान,
फिर भी हर छोटा-बड़ा काम,
बड़े चाव से करते थे।

सीखना क्या, अनुभव क्या,
सब से अनजान,
फिर भी अनुमान लगाना नहीं भूलते थे।

जिंदगी, सफर, दुनियां,
इन सब से अनजान,
तब हम सच में जीते थे।

इस दुनिया से अनजान,
हम अपनी दुनिया में जीते थे।।

Bablu Kumar Dhaker
2nd year
Bsc (prog)



ज़िंदगी

चलो एक झलक ज़िंदगी की देखो,
वो रहो में मेरी गुनगुना रही थी।

कहानी जो लिखी वो सुना रही थी,
याद में उसकी मुस्कुरा रही थी।

वो सोच रहे थे कुछ करना होगा,
सफर ज़िंदगी का खुश तो रहना होगा।

क्या वो इस सोच से बाहर निकल पायेगा।
क्या ऐसे कोई खुश रह पायेगा।

यहां तो सब दौड़ रहे हैं,
ज़िंदगी जीना छोड़ रहे हैं।

अब जो छूट गया उसका क्या मलाल करे,
जो हासिल है, चल उसी से शुरुआत करें।।

Bablu Kumar Dhaker
2nd year
Bsc (prog)



दोशीज़ा-ए-रोहीन

(दोशीज़ा मतलब लड़की और रोहीन मतलब आयरन लेडी)

ऐ दोशीज़ा...

...ऐ ख्वाबेदा, देखे जो ख्वाब तूने,
है ताबीर उनकी वाबस्ता तुझसे ही...

ये मसले-मसाइब से क्यों है ग़मज़दा
ये अघ्यारों के रवैये से क्यों है ग़मज़दा
ये ग़म-ओ-घबराहट क्यों
ये लरज़िश-ओ-ख़ौफ़ क्यों...

तो क्या...है अगर कमी तुझमें
है दाग़ तो चाँद में भी,
वो चाँद, जो मिसाल है खूबसूरती की...

देख इसमें पोशीदा है, दर्स तेरे लिए
नहीं है तू इतनी आम,
कि करे अपने ग़मों का तज़करा सारे आम...

ज़ाहिर से आला तेरा बातिल है
तू बेशुमार है, तू बेमिसाल है
तेरी नज़ाकत ही तिराक है
तेरी नवाज़िश ही ताक़त है
तेरी हया ही आब्रू है...

इस सब से उभर कर तू रहबर बन खुद की
कर ले तू से बंदगी खुदसे
तू होगी खुश्तार
तू होगी खुश्तार...

ज़ाहिर से आला तेरा बातिल है
तू बेशुमार है...तू बेमिसाल है
तेरी नज़ाकत ही तिराक है
तेरी नवाज़िश ही ताक़त है
तेरी हया ही आब्रू है...

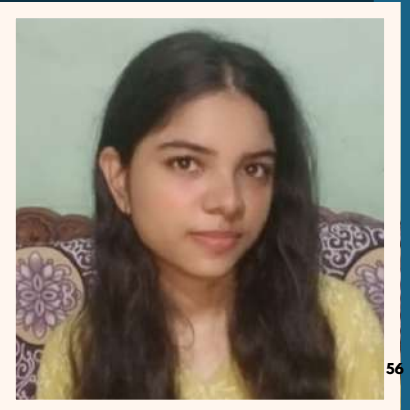
देख री दोशीज़ा
तू इनायत है, तू ज़ीनत है...

देख ये फिज़ा चहकी है, तेरे चहकने से।
देख ये बहारें खिली हैं, तेरे खिलखिलाने से।

ऐ दोशीज़ा, तू ही रोहीन
ऐ दोशीज़ा, तू ही रोहीन...

(लड़की तू ही आयरन लेडी है)

Shazia Fatima
1st year
BA(H) Urdu



ज्ञान और धन

आइए ! हम बात करते हैं, ज्ञान और धन की। समाज में लोगों का मानना है, कि ज्ञान ही ऐसी ताकत है, जिससे आप इस संसार में किसी से भी लड़ सकते हैं, परन्तु वहीं कुछ ऐसे भी लोग हैं, जो धन की ताकत से संसार पर काबू पाने में विश्वास रखते हैं। ये तो 50-50 वाली बात हो गई कि किसकी तरफ जाए ज्ञान अर्जित करने या धन एकत्रित करने।

ज्ञान जो कि अंग्रेजी शब्द **KNOWLEDGE** शब्द का हिंदी अर्थ है, अगर हम इस शब्द को ध्यान से समझे तो इसका यही अर्थ निकलता है कि किसी व्यक्ति, वस्तु या अन्य किसी के बारे में एक ऊंची खड़ी शिला जैसी जानकारी। और हमें किसी के बारे में जानकारी तभी मिलेगी, जब हम उसे कहीं से प्राप्त करने की कोशिश करेंगे और उसे पाने का सबसे सरल तरीका है कि उसके बारे में ज्ञान की प्राप्ति करें जो कि किसी के माध्यम शिक्षित होना है।

शिक्षा किसी के जीवन के तरकस का वह बाण है, जिसका लक्ष्य कभी खाली नहीं जाता, चाहे किसी अच्छे कर्म के लिए शिक्षा हो या बुरे कर्म के लिए, परन्तु कहते हैं ना कि बुरे कर्म के लिए बिना कोशिश के रास्ते मिल जाते हैं, और अच्छे कर्म के लिए महान तप करना पड़ता है। खैर..... यह बात कभी और करेंगे !

आजकल की शिक्षा और धन में एक बहुत गहरा संबंध है, जिसके बारे में हम सभी अवगत हैं, परन्तु कोई ध्यान नहीं देता है। शिक्षा, चाहे वह किसी सामान्य ज्ञान के लिए हो, सलाह के लिए हो, किसी संस्थान की प्रवेश परीक्षा के लिए हो या किसी पद के लिए परीक्षा हो, हर किसी शिक्षा के लिए प्रत्यक्ष या अप्रत्यक्ष रूप से धन वसूली जारी है, मैं किसी संस्थान विशेष की आलोचना करने नहीं आया हूँ, परन्तु इतना जरूर कहना चाहूंगा कि शिक्षा दान जैसे महान परोपकार को अब एक व्यवसाय के रूप में स्थापित कर दिया गया है।

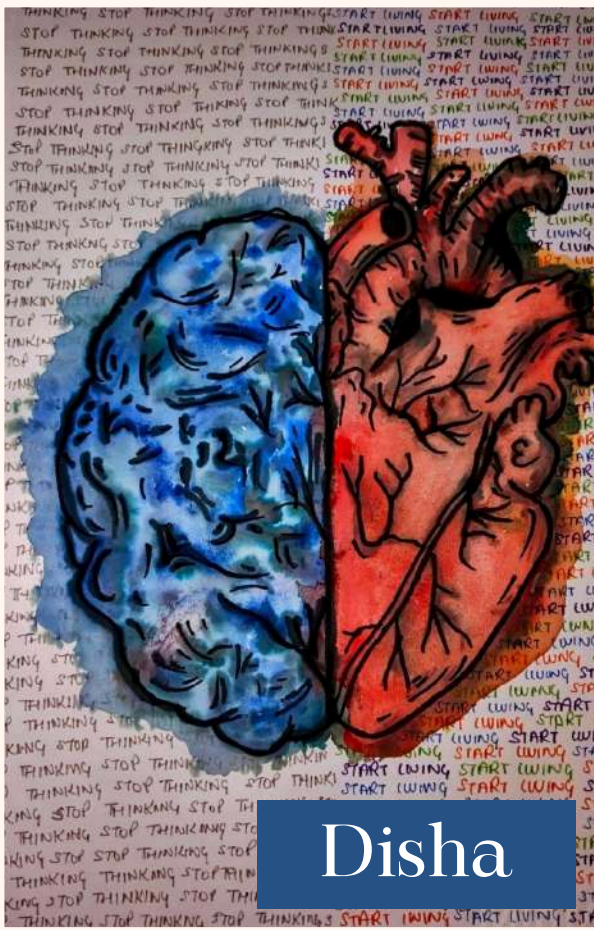
अभी कुछ समय पहले ही की बात है, एक स्थान विशेष के व्यक्तिगत विद्यालय के प्रधानाध्यापक ने लगभग 25 14 वर्ष से कम आयु के विद्यार्थियों को कड़ी धूप में स्कूल बंद होने तक बैठाए रखा और कारण क्या था? कि उन विद्यार्थियों के माता पिता ने समय से शिक्षण शुल्क नहीं दे पाए थे। यह तो एक छोटे पैमाने की बात है, बड़े पैमाने पर विद्यार्थियों को बड़े पद जैसे जिलाधिकारी या किसी महान संस्थानों में प्रवेश दिलाने का 100% आश्वासन दे के करोड़ों की शिक्षण शुल्क प्राप्त करते हैं। और इसी शिक्षण शुल्क के बोझ को उठाते उठाते या तो माता पिता अपनी जान गवां बैठते हैं या फिर विद्यार्थी बार बार असफलता का मुंह देख, अपने ऊपर खर्चे धन को देख और समाज के कुंठित तानों को सुन अपनी जान से छुटकारा पाने का रास्ता देखने लगता है।

परन्तु हर किसी के 2 पहलू होते हैं, वैसे ही इसके भी 2 पहलू हैं, जिनमें से दूसरा पहलू यह है कि यही संस्थान लाखों गरीबों का रोजी-रोटी और रोजगार का जरिया है। ऐसे संस्थानों और रास्तों को एक शिक्षित और ज्ञानी व्यक्ति ही संचालित करता है, और वह भी इसके लिए कहीं से शिक्षा प्राप्त कर ज्ञानी बनता है।

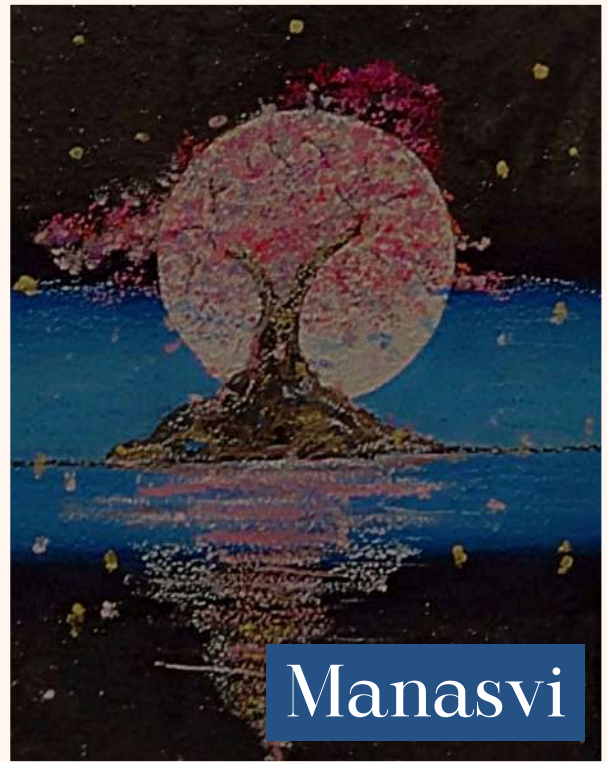
अतः अंततः बस यही कहना चाहूंगा कि किसी का भी अति शोषण नहीं होना चाहिए, अन्यथा वह किसी भी दिन समस्या का पहाड़ बन हमारे हि ऊपर टूट पड़ता है जिसके दाब में हमारा दम घुट जाता है। धन को अपने पुरातन समयानुसार ही एक सम्मानित रूप में गुरुदक्षिणा की तरह स्वीकार करें। और ज्ञान को ही सविशेष उपहार बने रहने दे।

Alok Singh
3rd year
Bsc(hons) chemistry

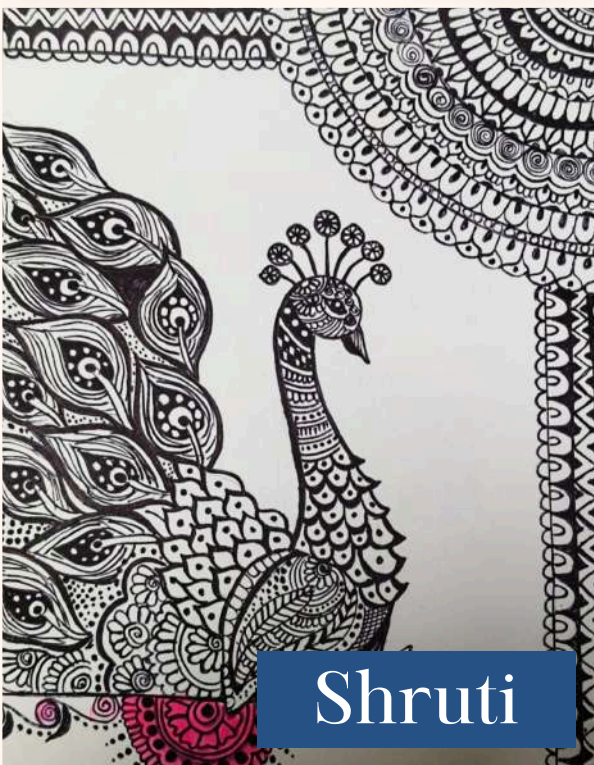




Disha



Manasvi



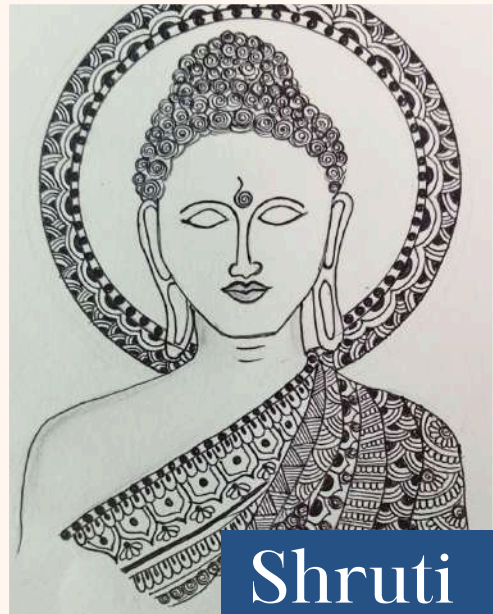
Shruti



Paridhi



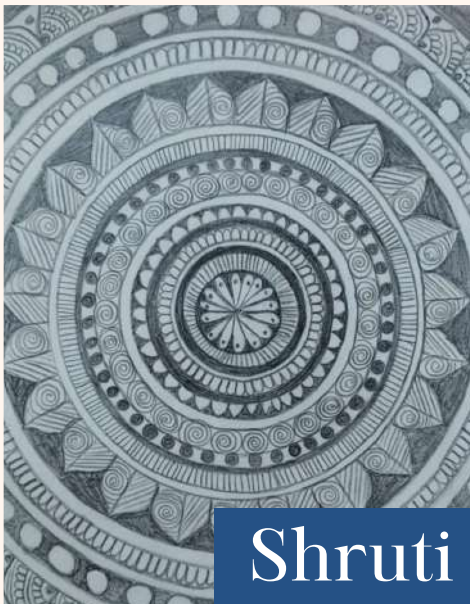
Riya



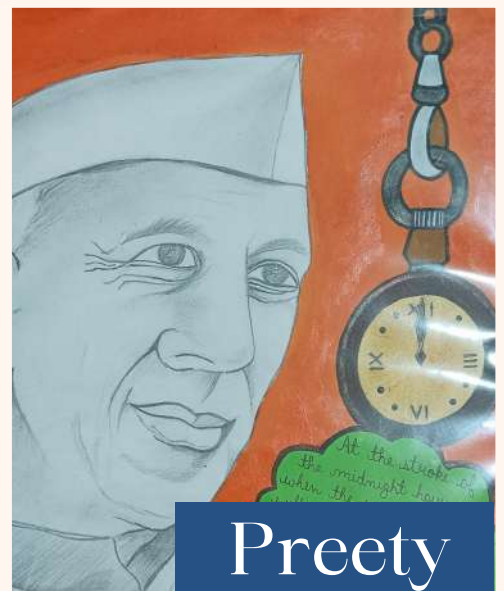
Shruti



Alok



Shruti



Preety



Children's Corner

— Class of —

2024

Dear Anushka Didi,

Date:- 5th september 2024

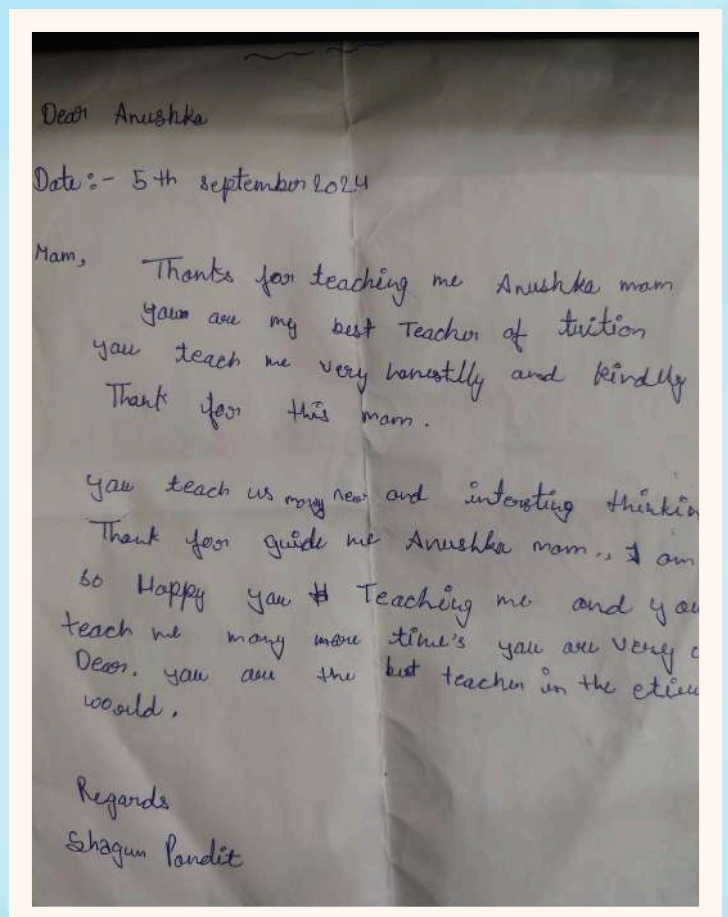
Mam,

Thanks for teaching me Anushka mam. You are my best teacher of tuition. You teach me very honestly and kindly. Thanks for this mam.

I am so happy that you are teaching us many new and interesting things. Thanks for guiding me Anushka mam. I am So Happy you are teaching me and I hope you will teach me many more times. You are very cute dear. You are the best teacher in the world.

Regards

Shagun Pandit



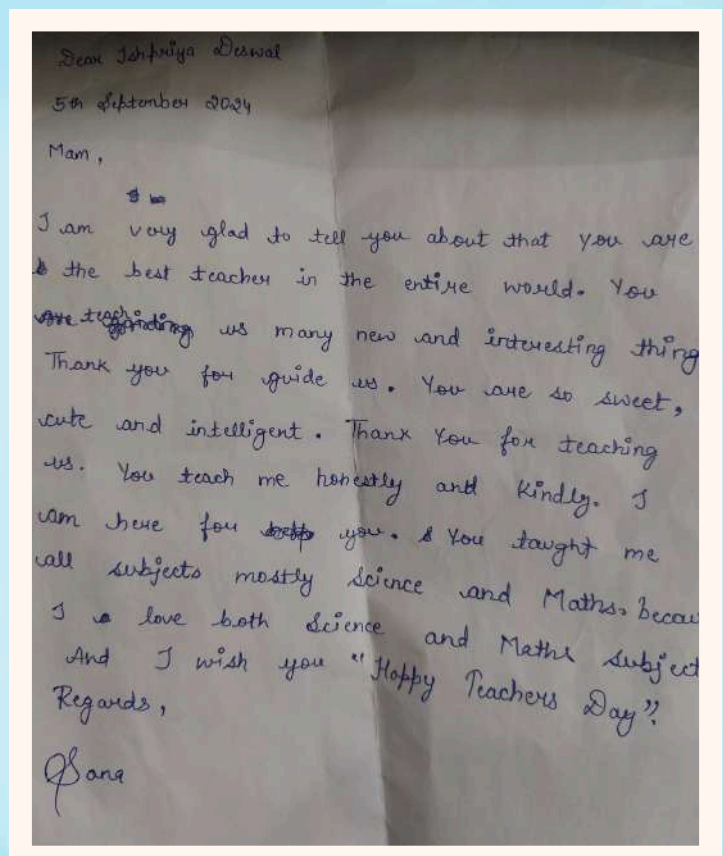
Dear Ishpriya Deswal Di,

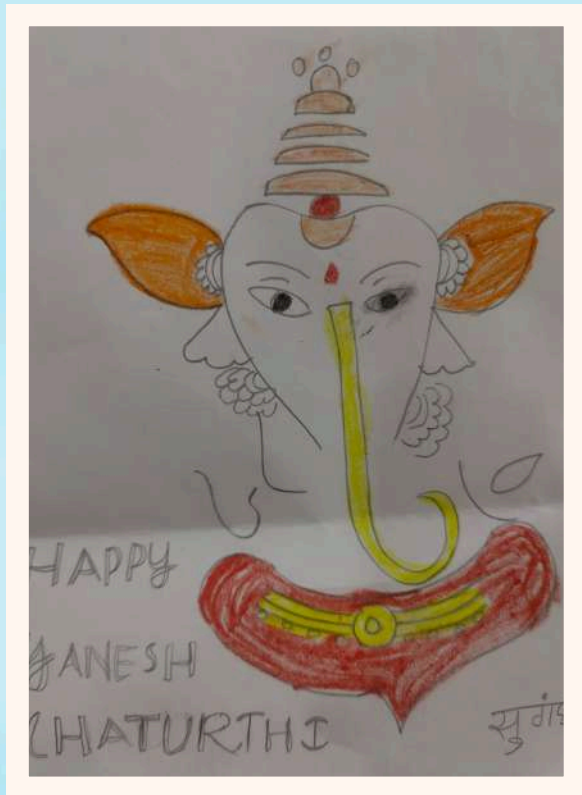
5th September 2024

Mam,

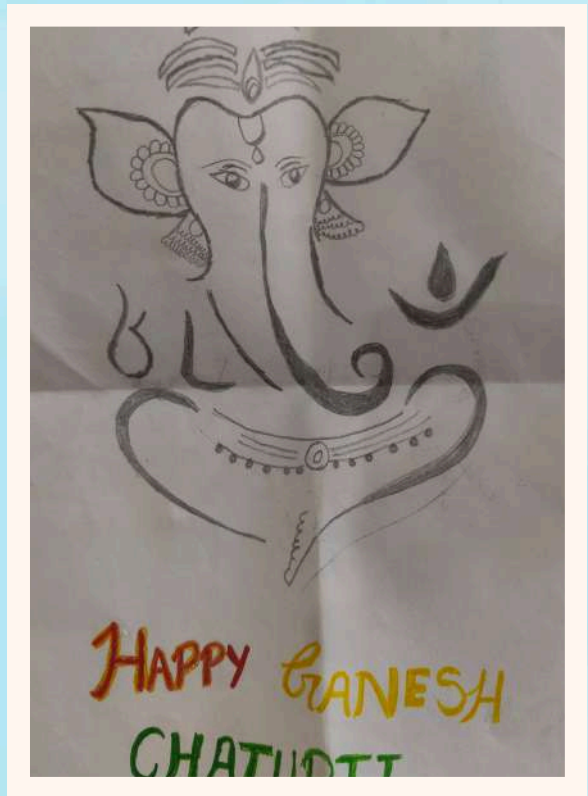
I am very glad to tell you that you are the best teacher in the entire world. You teach us many new and interesting things. Thank you for guiding us. You are so sweet, cute and intelligent. Thank You for teaching us. You teach me honestly and kindly. I am here for you. You taught me all the subjects, mostly Science and Maths because I love both Science and Maths. I wish you "Happy Teachers Day".

Regards,
Sana





Radhika



Sugandha



Bhumika



Poorvi

हिन्दी दिवस पर निबंध

हिन्दी दिवस हर साल 14 सितंबर को मनाया जाता है। इस दिन का विशेष महत्व है क्योंकि 14 सितंबर 1949 को संविधान सभा ने हिन्दी को भारत की राजभाषा के रूप में स्वीकार किया था। हिन्दी हमारे देश की सबसे अधिक बोली जाने वाली भाषाओं में से एक है। यह भाषा न केवल भारत में, बल्कि दुनिया के कई देशों में भी बोली और समझी जाती है।

हिन्दी दिवस का उद्देश्य लोगों में हिन्दी भाषा के प्रति जागरूकता फैलाना और इसे अधिक से अधिक प्रचलित करना है। हमारे देश में कई भाषाएं और बोलियाँ बोली जाती हैं, लेकिन हिन्दी ने हमें एक सूत्र में बांधने का काम किया है। हिन्दी भाषा हमारी सांस्कृतिक और ऐतिहासिक धरोहर का प्रतीक है।

आज के समय में अंग्रेजी भाषा का प्रभाव बढ़ता जा रहा है, लेकिन हमें अपनी मातृभाषा का सम्मान करना चाहिए। हिन्दी दिवस हमें याद दिलाता है कि हमें अपनी भाषा को बढ़ावा देना चाहिए और गर्व से इसका उपयोग करना चाहिए।

विद्यालयों, सरकारी कार्यालयों और अन्य संस्थानों में इस दिन कई कार्यक्रम आयोजित किए जाते हैं, जिनमें निबंध प्रतियोगिता, भाषण, कविता पाठ आदि शामिल होते हैं। हमें हिन्दी भाषा का प्रयोग बढ़ाने और उसकी महत्ता को समझने का प्रयास करना चाहिए।

हिन्दी न केवल एक भाषा है, बल्कि यह हमारी पहचान भी है। इसलिए, हमें इसका आदर करना चाहिए और इसे हर क्षेत्र में बढ़ावा देना चाहिए।

Sana

Class 10th

CAMPS

ADVENTURE CAMP

From 1st to 10th September 2024, two NSS volunteers from Kirori Mal College participated in the National Adventure Camp held at ABVIMAS, Pong Dam Centre, Himachal Pradesh. Volunteers from three different states - Himachal Pradesh, Delhi, and Rajasthan - came together, creating a diverse group with unique cultural perspectives. The camp aimed to promote physical fitness, foster team spirit, and encourage cross-cultural exchange. In addition to these core objectives, the camp introduced the volunteers to various water sports and adventure activities, offering both physical challenges and enriching learning experiences.



CAMPS

NATIONAL INTEGRATION CAMPS

From 12th to 18th February, 2024, one of volunteers of NSS KMC, namely, Akash Chandra Awiskar attended The National Integration Camp, organised by State NSS Cell, Department of Youth Empowerment and Sports Government of Karnataka, Regional Directorate of NSS, Government Of India, Bangalore, NITTE , Institute of Higher Education, Mangalore, Karnataka. The camp aimed to culminate in the poignant 'Shivir Jyoti' ceremony, symbolising solidarity and national pride, while fostering lasting connections.



From 12th to 18th March 2024, Gawaksh Agrawal, a volunteer of NSS-KMC, participated in the National Integration Council (NIC) Camp, at Manohar Memorial P.G. College, Fatehabad, Haryana. The camp was sponsored by the Regional Directorate of NSS, Delhi, under the Ministry of Youth Affairs and Sports. It featured a variety of activities including daily yoga sessions, cultural programs, rallies on drug abuse and the campaign "Mera Vote Mera Adhikar" (My Vote, My Right), as well as speeches on the role of women in Atma Nirbhar Bharat (Self-Reliant India) and corruption. Additionally, workshops were conducted on computer training, first aid, CPR, and personality development.

CAMPS

INDEPENDENCE DAY CAMP

From 1st August to 14th August 2024, National Service Scheme, Kirori Mal College, participated in the 10-days rehearsal for the 78th Independence Day celebrations at Gyan Path, Red Fort, New Delhi, followed by the final event on 15th August 2024. Ten NSS KMC volunteers, alongside 500 other NSS volunteers and nearly 2000 NCC cadets, came together to form the "My भारत" logo through a coordinated human chain. Mrs. Vanita Sood, Director of NSS along with Dr. Ashok Kumar Shroti, Deputy Programme Adviser, Directorate of NSS, New Delhi and Mr. Sharwan Ram, Regional Director, Regional Directorate of NSS Delhi were present.



CAMPS

BLOOD DONATION CAMPS

A blood donation camp organized by the National Service Scheme (NSS) Kirori Mal College in collaboration with the Rotaract Club of Resilience. The camp, titled "Pulse of Hope," was held on October 7, 2024, at the Research Centre near KMC Hostel. It was a resounding success, exceeding its initial target of 50 units of blood and collecting 80 units. The event was well-attended by students, faculty members, and volunteers, and received the support of the college principal, Prof. Dinesh Khattar, who appreciated the efforts of NSS and Rotaract in organizing the camp. Several professors also participated by donating blood. The camp was coordinated by Palak Gairola from the Rotaract Club and Preetesh Patri, President of NSS KMC, who ensured that the event ran smoothly and adhered to safety protocols.



DENTAL CHECK UP CAMP

On 15th April, 2024, NSS KMC organised a Free Dental Checkup Camp with the collaborative effort with Clove Dental near the Research centre room, Kirori Mal College. Over 200 college students and 30 Sahyog Children participated in the dental check-up camp.



DRIVES

SWACHHATA HI SEVA CAMPAIGN

The NSS unit of Kirori Mal College participated in Swachhata Hi Seva Week (Sept 17 – Oct 2, 2024), supporting 10 years of Swachh Bharat Abhiyan. Volunteers organized cleanliness drives, promoting waste segregation and public cleanliness.

- Sept 26th : A college campus drive led by Principal Prof. Dinesh Khattar saw 15kg of waste collected.
- Sept 27th : Kamla Nagar market cleanup collected 35kg of waste, raising awareness among locals.
- Sept 28th : Volunteers cleaned Khooni Jheel, gathering 20kg of waste.
- Sept 29th : Bonta Park cleanup netted 30kg of waste, followed by a visit to a waste management unit.
- Sept 30th : Mutiny Memorial cleanup collected 20kg, promoting environmental and heritage preservation.
- Oct 1st : A "Best Out of Waste" event encouraged recycling through crafts at EOTO.
- Oct 2nd: The week concluded with a mega drive in Chandrawal village, collecting 40kg of waste and educating villagers on proper disposal.



DRIVES

HOODIES DISTRIBUTION DRIVE

December 15, 2023, NSS KMC organised a HOODIE DISTRIBUTION DRIVE for the students of Sahyog: Sharing Smiles. This drive demonstrated a commitment to social welfare and inclusivity. The initiative targeted students from classes 9 to 12, ensuring that they received warm and comfortable clothing during the winter season. The distribution drive aimed not only to address the immediate needs of the economically disadvantaged students but also to promote a sense of belonging and support within the community



CELEBRATIONS

TEACHERS DAY

On 5th September, 2024, National Service Scheme, Kirori Mal College celebrated Teacher's Day wherein students were made aware about the importance of respecting the efforts that their teachers puts in teaching them. Also, knowledge pertaining to good touch and bad touch was shared. The students also enacted the teaching methods of their volunteer teacher and spoke words of appreciation for their efforts.



INDEPENDENCE DAY

On 13th August 2024, NSS KMC celebrated India's 78th Independence day with the children of Chandrawal village. The event was marked with the Indian flag painted on the faces of children. The children performed poetry and dances to patriotic songs filling the atmosphere with national pride. Our Volunteers shared the significance of Independence Day and imparted valuable insights to the young audience. Principal Dinesh Khattar also joined in taking the Panch Pran pledge as responsible citizens of India. This initiative kindled patriotic fervour and deepened the love for our nation in the hearts of the children.



CELEBRATIONS

RAKSHABANDHAN

On 17th August 2024, NSS KMC celebrated Raksha Bandhan with Sahyog students. The program began by educating the students about the significance of Rakhi as a symbol of protection, love, and bonding. Together with volunteers, the students crafted handmade Rakhis using ribbons and stones, which they then tied to each other's wrists as a gesture of mutual protection. The event concluded with the distribution of sweets and stationery, adding joy and a sense of togetherness to the celebration.



HOLI CELEBRATION

On 20th March, 2024, NSS-KMC celebrated Holi with the SAHYOG students after the EOTO session. Volunteers explained the significance of Holika Dahan and Holi to the students. Sweets were distributed among the students, and finally, the volunteers and students enjoyed the celebration by applying gulal on each other's faces.



CELEBRATIONS

JANMASHTAMI

On 24th August 2024, NSS KMC celebrated Janmashtami with Sahyog students. Students were told about the purpose behind celebration of janmashtami and enlightened with some teachings of Lord Krishna. Students below grade 9th turned earthen pots into artistic masterpieces by decorating them with gems and sequins. The festive spirit continued with NSS volunteers enthusiastically participating in the traditional Matki Phod, symbolising unity and teamwork.



BASANT PANCHAMI

On February 14, 2024, NSS KMC celebrated Vasant Panchami, a significant festival marking the start of spring. The program aimed to deepen students' understanding of the day's cultural and educational significance. Students were educated about the importance of Maa Saraswati, the goddess of knowledge and music, in guiding individuals towards wisdom and creativity. To conclude the program on a joyful note, students received chocolates and stationery, symbolising the sweetness of knowledge and celebration within the group.



NSS FOUNDER'S DAY

On 24th September 2024, NSS Kirori Mal College celebrated the 55th anniversary of the National Service Scheme (NSS) on the occasion of NSS Founders Day. The event began with a guest session featuring the Honorable Chief Guest, Mr. Shravan Ram, Regional Director of NSS Delhi, Guest of Honour, Dr. Narendra Kumar Bishnoi, Programme Coordinator of NSS DU, and Principal, Prof. Dinesh Khattar. The speakers highlighted the importance of service, leadership, and social responsibility among students.

In the afternoon, two competitions were held: Chitrankan, a poster-making contest on Women Empowerment, and RashtraShila, a quiz based on General India. Both competitions, open to all students of Kirori Mal College, saw enthusiastic participation and creative contributions.

The celebration was a tribute to NSS's mission of community service, fostering creativity and national pride among students while strengthening their commitment to social welfare.



VOLUNTEERING PROGRAMMES

PARTITION HORRORS REMEMBRANCE

On 14th August 2024, NSS KMC visited Bharat Mandapam, New Delhi for the 'Partition Horrors Remembrance Day' organized by Indira Gandhi National Centre for the Arts (IGNCA). The event was honoured by the presence of Union Minister of Culture and Tourism, Shri Gajendra Singh Shekhawat, who served as the chief guest. He elaborated the pain and horror of 'Partition' of 1947 so that future generations can understand and feel its impact. On this occasion, the teaser of the documentary film 'A New Postbox: Tales from the Partition', directed by Dr. Sachchidanand Joshi, Member Secretary of IGNCA, was released.



VOTATHON

On 7th April 2024, volunteers of NSS KMC participated in VOTATHON Run for Electoral Participation, organized by the District Election Office, Shahdara, as part of the Systematic Voters Education and Electoral Participation (SVEEP) Programme. The event aimed to promote electoral participation among youth and was held at the Yamuna Sports Complex, Surajmal Vihar, Delhi. Seventeen NSS KMC volunteers assisted the organizers and participants during the marathon, contributing to the success of the event.



VOLUNTEERING PROGRAMMES

G20 SUMMIT

On 26th September, 2023, NSS KMC participated in the G20 University Connect Finale organized by the Government of India at Bharat Mandapam. The event aimed to deepen students' understanding of India's G20 presidency and featured prominent figures, including Prime Minister Narendra Modi, Amitabh Kant, Dharmendra Pradhan, and S. Jaishankar. During his address, Prime Minister Modi highlighted India's recent diplomatic and scientific achievements, celebrating the nation's leadership in the G20 and inspiring the youth.



VOLUNTEERING PROGRAMMES

BHARAT LITERATURE FESTIVAL

Kirori Mal College hosted a successful Bharat Literature Festival, where our members enthusiastically volunteered. This two-day event featured distinguished personalities from various fields of literature. The festival provided a platform for intellectual discourse, cultural exchange, and a celebration of India's rich literary heritage.



FOOD SAFETY

On 24th August 2024, NSS KMC performed a skit on Food Safety Awareness for the SAHYOG students. The skit aimed to highlight the risks associated with unhealthy food habits while educating students on essential practices for maintaining food safety. Key messages included proper handwashing techniques, the importance of consuming food in a clean environment, checking expiry dates and FSSAI labels on food packaging, and harmful implications of passive smoking. The interactive performance effectively conveyed critical health tips in an engaging and memorable way. Students from grades 9 to 12 were given sheets to write essays on the topic of food safety and the measures that can be taken to ensure.



CYBER SECURITY

On 31st August 2024, NSS KMC organised a cyber security awareness session titled “Digital Defence: A Guide to Online Security” for Sahyog students. Targeting students from classes 6th to 12th, the presentation covered crucial topics such as phishing, malware, cyberbullying, password protection, and privacy settings. The session emphasised safe browsing practices and strategies for protecting oneself against cyber crimes. Following the presentation, an engaging quiz on cyber security saw enthusiastic participation from the students. The session concluded with a thought-provoking short film on the dangers of phone addiction. Additionally, they were also asked to write an essay on this issue.

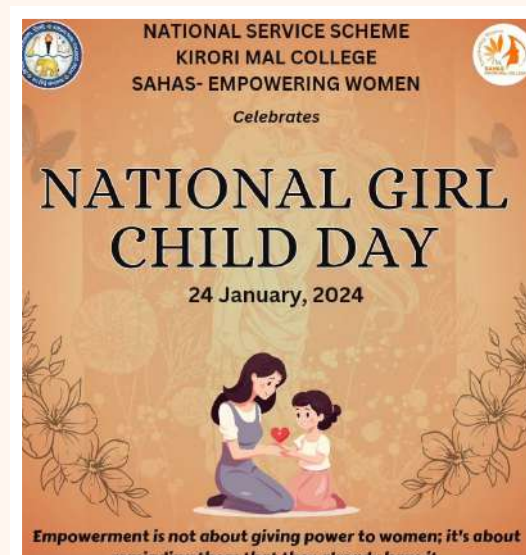
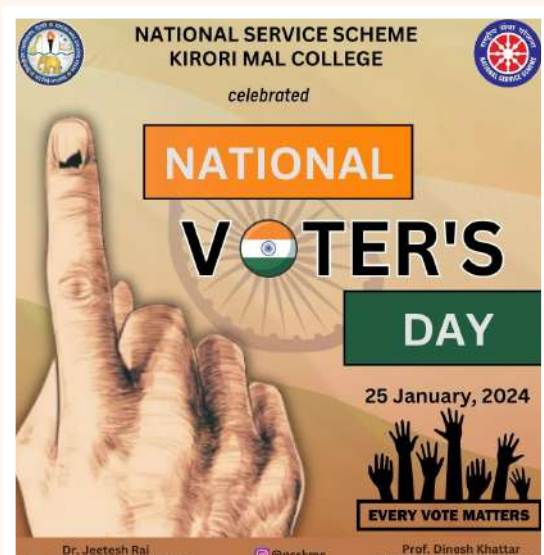
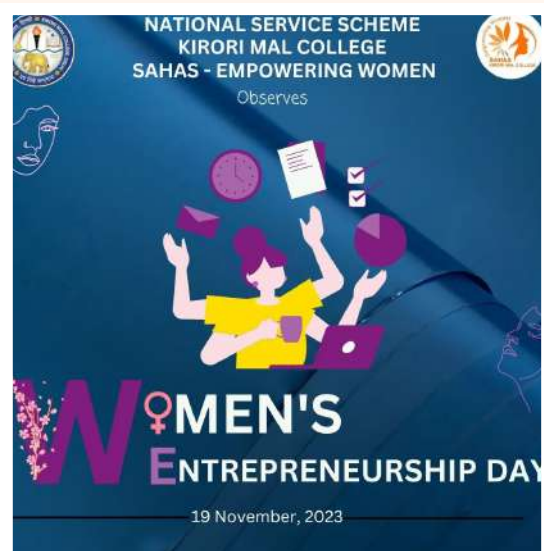


ANTI RAGGING CLASS CAMPAIGN

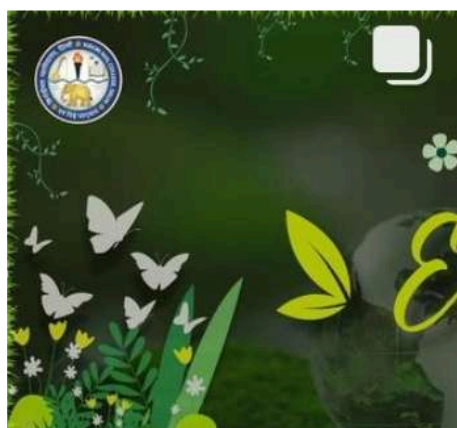
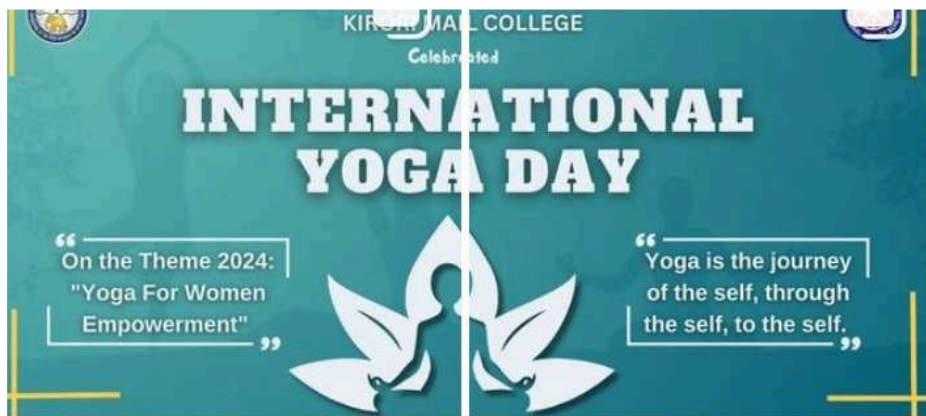
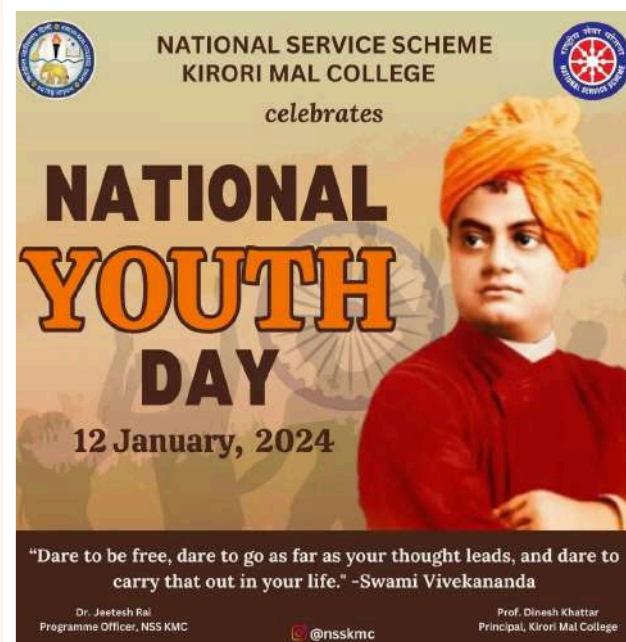
On 13th August 2024, NSS KMC and the Anti-Ragging Cell conducted a class campaign to address the pervasive issue of ragging. Some of the volunteers of NSS KMC visited classrooms to raise awareness about the harmful ramifications of ragging and encouraged students to unite against this menace. At last, all the students took a pledge, reaffirming their commitment to eradicate ragging.

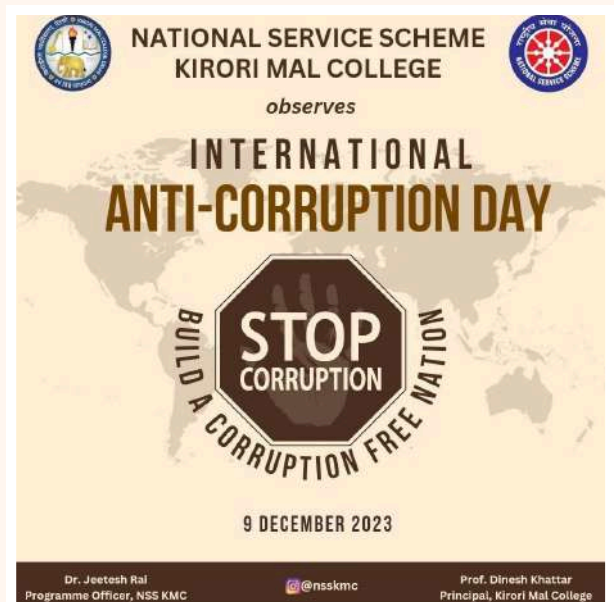
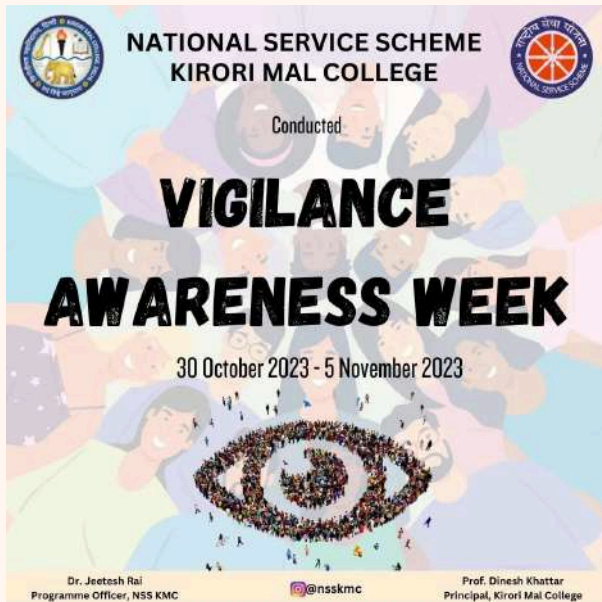


Observation days

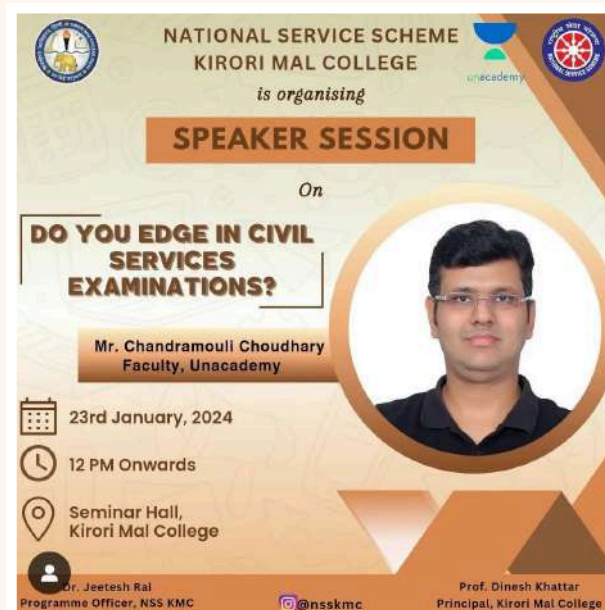


Observation days





Speaker Session and Seminar



Meet The Council



PREETESH PATRI
PRESIDENT



AYUSH
VICE PRESIDENT



ADITI KUMARI
GENERAL SECRETARY



SHRISHTI GOYAL
JOINT SECRETARY



SACHIN CHOUDHARY
TREASURER



ALOK SINGH
ADMINISTRATIVE HEAD



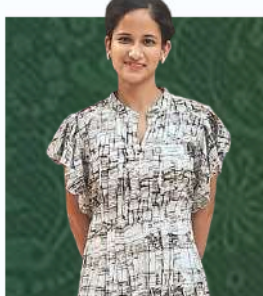
PARTH DADHORE
EVENT MANAGEMENT
HEAD



ADITI CHOUDHARY
EVENT MANAGEMENT
HEAD



KHUSHI YADAV
FINANCE AND MARKETING
HEAD



GEETIKA MITTAL
FINANCE AND MARKETING
HEAD



ANSHIKA GAUTAM
SOCIAL MEDIA HEAD



**BHARAT SINGH
RAJPUROHIT**
CONTENT AND RESEARCH HEAD



MAHIMA
ADVISORY PANEL



MUDIT PAREEK
ADVISORY PANEL

COORDINATORS



ANKITA JAISWAL



ANUSHKA PRAKASH



AYUSHMAN



BABLU DHAKER



HARSHIT YADAV



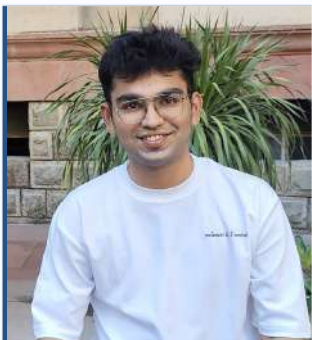
ISHA BALIYAN



ISHPRIYA DESWAL



LUCKY VAISHNAV



NIKHIL SINGLA



NITISH KUMAR



PUNEET SANGWAN



RIDIMS JAISWAL



RIYA



SUJEET KUMAR



UTKARSH GAUTAM



VIVEK RANJAN



VOLUNTEERS

NOTES



SHRISHTI GOYAL

Joint Secretary, NSS KMC

Reflecting on my journey, I remember the homesick girl who first walked into KMC, feeling uncertain about what lay ahead. From the start, I had a deep desire to join NSS, though I never imagined that this simple wish would grow into a powerful force that would shape my entire college experience. NSS became a place of learning, growth, and purpose for me. All my achievements, my potential, and my decision-making have been influenced by my time in NSS—it has truly become a part of who I am, embedded in my heart and mind.

Spending countless hours at Sahyog, I found a sense of purpose in teaching children, doing dance practices, and watching them grow. Time would fly by as I immersed myself in these activities. It's hard to pinpoint exactly when the days of learning from seniors transformed into days of teaching and mentoring juniors. Leaving NSS never felt like an option because this place became my second home. The bonds I've made and the experiences I've had here have left a lasting impact on me, and I will always be grateful for every moment spent with NSS.

Now, as Joint Secretary for this session, as always I am determined to work hard and help NSS-KMC achieve the recognition and success it truly deserves. I hope to see the Sahyog students excel in their lives and reach new heights, and to witness SAHAS expand and touch even more lives. My wish is for our NSS family to continue growing, nurturing new leaders, and fostering a spirit of service in everyone involved. Will be contributing to this legacy to see NSS-KMC achieving unprecedented heights.

In Service
Shrishti Goyal
B.A. Hons. Geography



SACHIN CHOUDHARY

Treasurer, NSS KMC

"Service to others is the rent you pay for your room here on Earth."
~ Muhammad Ali

Dear NSS KMC Family,

With this guiding principle in mind, I am excited and honored to serve as the Treasurer for the 2024-25 session of the National Service Scheme at Kirori Mal College (NSS KMC). My journey with NSS has been transformative, filled with invaluable experiences that have shaped my character and perspective. Being involved in impactful projects like SAHAS, which empowers women, and SAHYOG, aimed at spreading joy, has deepened my understanding of empathy and community service. These initiatives have not only allowed me to contribute to meaningful change but have also taught me the importance of resilience and teamwork.

Teaching Science and Maths to students has been one of the most rewarding aspects of my involvement. Watching young minds light up when they grasp a concept brings me immense joy. Their remarkable progress has filled me with pride and reinforced my commitment to education. Additionally, attending the National Adventure Camp was a highlight that pushed me beyond my comfort zone. Engaging in thrilling water sports and connecting with amazing individuals from across the country enriched my experience and equipped me with skills that I will carry forward.

As your Treasurer, I am dedicated to managing our resources wisely and transparently. My goal is to foster an environment of trust, allowing us to focus on what truly matters—serving our community with passion and purpose. Together, we will explore innovative ways to fund our projects while ensuring every effort counts.

To everyone in our NSS KMC family, students, team members, and supporters alike, let's make this year unforgettable! There are countless opportunities ahead for us to grow, learn, and make a difference together. Thank you for trusting me with this role; I look forward to collaborating with each of you as we embark on this exciting journey!

Warm regards,

Sachin Choudhary
BSC Hons. Physics



ADITI CHOUDHARY

Event Management Head, NSS KMC

My time with NSS has been nothing short of a rollercoaster—full of ups and downs. When I first signed up, I had no idea what I was getting into. The initial months were overwhelming, and there were moments I seriously considered quitting. It all felt like too much. Then came a turning point. I watched a documentary made by our volunteers on Chandrawal, and it moved me deeply. It made me realize why I had joined NSS in the first place. In a world where people are often focused on themselves, I was learning to give back. Seeing the people of Chandrawal living in small, crowded homes, facing challenges we can't even imagine, was eye-opening. We were helping them, educating their children, and building a better future. That sense of purpose hit me hard, and from that day on, I felt proud to be part of something bigger than myself.

As I took on more responsibilities, becoming the Event Management Head, my two-year journey with NSS became transformative. Each event and task taught me leadership, patience, and empathy. But more than the lessons, it's the students from Sahyog—like Tanu, Nancy, and many others—who have left a lasting impression on my heart. They aren't just students; they're part of my journey.

Reflecting on my time here, I can confidently say that NSS has been a masterclass in real-world lessons. It honed my instincts, sharpened my understanding of people, and gave me the ability to navigate complex situations with ease. After all, not everyone gets to learn the art of distinguishing between real allies and those who are just along for the ride. It's a skill few master, but I had the privilege of perfecting it here. They say tough experiences shape you, and mine definitely made me stronger, smarter, and, well, let's just say—unbreakable. The ones who mattered stood tall with me, and those moments of truth? They'll always have a place in my story.

Warm regards
Aditi Choudhary
BCom Prog.



BHARAT SINGH RAJPUROHIT

Content and Research Head, NSS KMC

"To dare is to lose one's footing momentarily, not to dare is to lose oneself "

~ Soren Kierkegaard

My experience in NSS KMC was similar to these lines, it was Sahyog which removed the homesickness from me, it was the kids who gave a purpose in a day to do something good for society and it was sahyog which led me to involve in activities of nss, it led me to explore myself. NSS KMC Unit diverse activities have grown different types of skills in me, the last 1.5 yrs here have just not shaped me but really have truly molded me into a different man, the things I have gained can't be described all in this note.

Starting teaching students have let me know the actual problems of slum areas, backward families, interacting with rickshaw drivers children, kids of maids working in our pg's, the life which i used to see in tv's, i was experiencing here, despite the struggle in their life's their smiles while studying was my motivation to come, to continue here and has led me to sharpen my skills.

From managing events, to being part of cultural team which i used to resist initially, getting the anchoring in first trial of annual event to attending different sessions, workshops, events outside the campus, volunteering at many events of government, interacting with dignitaries of government, officers, really journey here was like something new, new opportunity on doors knocking at regular intervals, such vibrant diaspora always gave new experiences, something to learn.

From doing anchoring in initial events to heading whole anchoring of annual events, selecting 5-10 anchors, taking trials, preparing scripts, handing stage, interacting with guests, discussing events, executing them all have really helped me a lot.

Whenever i go through my photo gallery the memories made in NSS KMC gives the another level of satisfaction, the moments will always be cherished and the way these different activities of serving community has evolved my personality, surely they will evolve more volunteers, NSS will be there in somewhere in corner of your heart and goodwork for society you have done will encourage you to continue the same spirit, so I will love to carry forward this legacy of sahas and sahyog and I am thankful to this unit for letting me to serve here as a volunteer for this life long experience.

Once a sahyogi – always a sahyogi. Hail NSS KMC

Bharat Singh Rajpurohit
B.A. Prog.



MUDIT PAREEK

Advisory Panel, NSS KMC

“Alone we can do so little, together we can do so much”

~Helen Keller

As the name itself suggests – the tagline of NSS KMC’s Project Sahas :

Sahas se Sahyog Karein’ – It really needs courage to do something in the service of others selflessly. My journey in Sahyog (NSS) has been an eye-opening, ground reality experience. Straight from the closed boundary or bubble of our homes and school, we entered into a new world.

I came from a place where there weren’t any big opportunities to explore as such. From the start itself, I was excited to explore new things and channelise my potential for a better cause in my college life. NSS KMC has provided me that platform. It has given me a lot of opportunities and experiences. NSS has given me a whole new life in college.

I was always inclined towards children. Children are the ones who are very pure & honest by heart. I naturally developed a bond with the children. I got to tutor children coming with hopes to know new things and gain knowledge. Teaching them, playing different games with them forming great bonds was always fun and the best time after the hours long classes. Here in Sahyog, the children I taught got attached to me and they showed their affection by greeting me with a big smile, every time I entered the Basketball Court or the allotted classroom like Vijay, Anshu, Gurman, Gurneer, Nancy, Nidhi and many more. Even now when I meet them they always look up to me as their friend or like an elder sibling.

I saw in the children, the hunger to come out of their closed bubble, strive for success. But, they are far away from the environment, the basic resources which others get. So, I found myself in a situation that was ethically necessary to work for the children, to give back to the society though in a small amount, but just did what I could.

Apart from this, planning and executing annual events like AASHAYEIN and Women Conclave is a rollercoaster experience. The whole unit works hard day and night to make the event successful. You learn to work responsibly as a part of an organisation. The whole process of the unit is an enriching experience.

So all these things managing your academics, classes, living in a new place and working in the society makes you good at time management, teamwork, work-life balance and refines your personality.

Here you get to work with students of different courses, different backgrounds and different aspirations and make the best bonds. This journey gave me life long lessons which I can’t forget. I made friends here and the best memories, did mistakes and learnt how to get them right. I experienced the necessary real world realities which are required to shape you as a person. At times you commit mistakes and things are not in your hands, you are in a dilemma, how to handle such situations and manage yourself, such experiences make you stronger and tougher as a person. Things can go upside down in a quick while and at times you alone are left to tackle that. Experience comes from bad experiences. But some friends are always there to help you out. During this journey, I consider myself fortunate enough to face such a situation early and observe the harsh realities and learned how to handle and come out of such situations. It really made me stronger and prepared to face similar situations if any. I’ll never forget the friends in this journey, the memories, the fun, the mischiefs, the people here, the lessons and the motivation and inspiration to work tirelessly for the society and to do your best in everything. I am thankful for the experiences, learnings and the whole journey.

At the end, in a line I can say “College life was incomplete without NSS”.

With gratitude and devotion To lasting connections...



RIYA

Coordinator, NSS KMC

"For many, NSS stands for different things. But for me, it embodies a profound sense of satisfaction. Initially, I was unaware of NSS's true essence, but now it consumes a significant portion of my time. My journey began with superficial motivations – seeking social status, a certificate, and a notable addition to my CV. However, as I delved deeper, these incentives faded into the background.

My time in NSS has transformed my perspective. It's no longer about personal gain; it's about making a tangible difference. Witnessing the genuine smiles of the children we serve, who affectionately address us as "bhaiya" or "didi," fills me with an unparalleled sense of purpose. Their love and respect have become my greatest rewards.

The certificates, once a primary motivation, now hold little significance. My commitment to NSS is driven by the joy of positively impacting lives. It's a feeling that transcends material recognition, and I've come to realize that true fulfillment lies in selfless service. NSS has evolved from an obligation to a passion, and I'm grateful for this transformative journey.

Warm Regards
Riya
BSC Hons. Mathematics



LUCKY

Coordinator, NSS KMC

I became a part of NSS in October 2023. Today, I can arrive on the fact that I've concentrated my time in the right direction. Today I stand as a better version of myself just because of NSS.

Time I spent in NSS, taught me a lot. Coping odds and carving favourable outcomes from them, is what I learnt. Gratitude & respect I received from the children in Sahyog, is a winning lottery for me, pleasurable & a complete sensation. Time I spent from 3 to 5 p.m. with these children is indeed golden hours for me. I realised that, learning has no boundaries, these children with their sheer will and dedication, inspired and motivated me. Hearing children say, "I want to study only with Lucky Bhaiya", deeply touched me.

EOTO has elevated the educational background of children who can't afford heavy tuition fees. If I'm writing about Sahyog, how can I forget about that half hour we spend with children, engaging in different kind of activities, requisite for their holistic development.

Warm regards
Lucky vaishnav
B.A. program



NIKHIL SINGLA

Coordinator, NSS KMC

NSS was like the love at first sight for me. It has been a year and a half since I embarked on this incredible journey with NSS Kirori Mal College, and it has truly been a privilege to be part of this unit. What began as a simple desire to contribute to society through social service has now evolved into something much more profound. The friendships and bonds I have formed with my seniors, colleagues, and juniors have become an indispensable part of my life, shaping me in ways I could have never imagined.

The work culture within NSS, especially in the Sahas and Sahyog projects, stands out for its collaborative spirit and dedication to creating lasting change. Everyone's personal favourite EOTO sessions was what I was here for, and guess what? The bond has been engraved so deep in my heart that I feel it is one of the best experiences one's life can offer. This just feels surreal looking past the one year. I can myself feel that flamboyance within me which I lacked since my childhood.

The motto of 'Not Me But You' is accurate enough because not only me but also the children impart a treasure of knowledge, values etc. inside me. My love for children and unit alike have consistently risen. What I expect in return is the simplest yet quite arduous to get i.e. Love, and it is quite unequivocal that whatever I do for the unit, I get it back as love. My horizon of problem solving has stretched so far off so as to make me feel sanguine about my future.

I can conspicuously refer this unit as a family as we sit together, we talk a lot, we work a lot and of course we do engage in banters, but the feeling of solidarity is what prevails at last. The bond is precious. My inner core just hopes that this fraternity is carried forward by all the batches to come.

I am deeply motivated to continue this path of social service in the years to come. NSS has taught me the value of community, teamwork, and compassion. The experiences here have been more than just voluntary work—they have instilled in me a sense of responsibility and a lifelong commitment to serving others.

Yours,
Nikhil Singla
B.A. Prog.



ANKITA

Coordinator, NSS KMC

When I first joined NSS, I had simple expectations—some social work, a few hours of service each week, and perhaps a sense of duty fulfilled. I anticipated something repetitive, perhaps even tiresome, but what I've experienced since has been nothing short of extraordinary. My journey with NSS has been filled with unexpected excitement, personal growth, and deep fulfilment, all of which have transformed my understanding of what service truly means.

The students at Sahyog have become the heart of my journey. Their enthusiasm for learning, their bright smiles have been a constant source of motivation. What began as a commitment to social work has evolved into something much deeper. Every day, as I attend EOTO, I'm no longer driven by obligation, their progress and joy in learning fuel my passion, and in teaching them, I've found a sense of purpose that I never knew I was seeking.

NSS has taught me to push my limits in ways I never thought possible. Whether it's organising events, managing time, or simply being present for the students, every day brings a new challenge and a new lesson. It has been a journey of growth—both personal and collective. The love and bond I share with the students are more than just a source of happiness; they are what lift my spirits even on the toughest days and that fills my heart with joy and a sense of accomplishment.

What started as an extracurricular activity has now turned into a second home. Over time, this unit has evolved for me into something much more profound than a group of volunteers. It has become a place where I feel deeply connected and supported. I never imagined I would find such a close-knit community of friends, but that's exactly what NSS has given me. The friendships I've built here are some of the most meaningful relationships I've ever had. Surrounded by kind, like-minded individuals, I've found a sense of belonging that is truly special.

Our seniors have played a significant role in shaping my experience. Their kindness, guidance, and encouragement have been a constant source of support. Juniors are equally wonderful—eager, full of energy, and ready to take on the world. I'm excited to see them grow and help take NSS to even greater heights.

This unit is not simply made up of people; it is made of beautiful souls, each bringing something unique and irreplaceable. The bond we share, the collective effort we put in make this experience truly one of a kind. My journey with NSS has not only allowed me to give back to society but has also gifted me with memories, friendships, and lessons that will stay with me forever.



SUJEET KUMAR

Coordinator, NSS KMC

The first day of my college and the day I'm writing this Volunteer note has a lot of differences except one thing the urge to join NSS. Even after joining NSS I want that feeling back. Seeing NSS volunteers wearing NSS t-shirts guiding juniors still lingers in my mind and their words still echoes in my heart. That night I committed myself to NSS KMC. And now I'm a proud NSS volunteer. It has been one and half year with NSS KMC unit and it has been a remarkable and incredible journey. This continuing journey is one of my finest journey. NSS KMC help me to understand the real meaning of Volunteership along with the term "Service", words seem so simple but it's deeper meaning can be understood by only that person who has lived the NSS life. Projects of NSS KMC and activities under it enrich me with new experiences along with honing my existing skills set. Activities, events and celebrations under Sahas and Sahyog projects of our unit made me to realise the real source of happiness is community service. As our Vedas mention happiness lies in your satisfaction. And that sense of satisfaction arises when you get to know about that someone is excelling in his or her life with your small and cooperative efforts. And that moment of satisfaction pushes you more into that cooperative world where everyone is succeeding including you yourself. "Bhaiya" becomes the most adorable word for me, whenever someone calls me bhaiya, the very next moment EOTO session comes into my imaginative world. This is because of the beautiful bond that I share with members of this family. Students of EOTO session, colleagues, seniors and super seniors, all are like the leaves of the same tree helping each other to sustain NSS tree. Considering myself as one amongst that leaves is a pleasureable moment. Being a NSS volunteer I can only say NSS is not only a service scheme but also a filtering scheme which figures out your best personality .

Regards,
Sujeet Kumar
BA Prog.



PUNEET

Coordinator, NSS KMC

As I reflect on my NSS journey, I realize it's more than just a program – it's a family, a support system, and a purpose. Project Sahyog, under the guidance of NSS KMC, has transformed my life. Those daily EOTO sessions, initially

daunting, became a source of strength and motivation. The true treasure lies in the bonds I've formed with my Sahyog students. Their smiles, laughter, and eagerness to learn make every moment worthwhile. Watching them grow, sharing in their joys and struggles, has given me an unparalleled sense of fulfillment.

Our sports, cultural, and playtime activities are more than just events – they're opportunities to witness pure happiness. My fellow volunteers, seniors, juniors, and peers, have become an extended family, providing unwavering support and camaraderie.

But it's the children who hold a special place in my heart. Their innocence, curiosity, and affection have made me realize the true value of human connection.

As I continue on this journey, I wish for: NSS KMC's eternal presence, serving society and enriching young lives. Unbreakable bonds with my Sahyog students, a constant source of inspiration. Endless opportunities to learn, grow, and contribute.

Regards
Puneet Sangwan



BABLU DHAKER

Coordinator, NSS KMC

अपने कार्य कौशल को विकसित करने एवम् समाज सेवा की भावना से मेरा एनएसएस केएमसी परिवार के साथ का सफ़र 9 फरवरी 2024 से शुरू होता है। मैंने इसके दोनों प्रोजेक्ट साहस एवम् सहयोग को समझा और सहयोग के बच्चों को पढ़ाया एवम् इसके बहुत से कार्यक्रमों में भाग लिया जिसमें मैंने बच्चों को कुछ सिखाया और खुद भी बहुत कुछ सीखा। उमंग और आशाएं जैसे कार्यक्रम में काम किया और अपने कार्य कौशल को विकसित किया। एनएसएस ने मुझे बड़े- बड़े क्रायकर्मों में जाने के अवसर दिए जो मेरे लिए सौभाग्य की बात है हाल ही में हमने दिल्ली के लाल किले के ज्ञान पथ पर 15 दिन के स्वतंत्रता दिवस शिविर में भाग लिया जो मेरे लिए एक अद्भुत अनुभव था। सहकर्मियों के साथ कार्य करने के दौरान बनी यादें हमेशा मेरे दिल में एक खास जगह रखेगी। समय के साथ- साथ एनएसएस से मेरे संबंध मजबूत हुए और इसकी कार्यशैली से मैं भावनात्मक रूप से जुड़ गया। मैं एनएसएस केएमसी के भविष्य और सामाजिक बदलाव एवम् समाज सेवा के लिए हमेशा उत्साहित रहूंगा।

EDITORIAL BOARD



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(LEFT TO RIGHT)**

**KESHAV KUMAR, NIKHIL SINGLA, AYUSHMAN, UTKARSH
GAUTAM, SUJEET KUMAR, KRRISH PRASAD SAH**

Editorial Board



It was a miracle for me to work here in this newsletter. I never imagined I would be editor in chief, or that I would work in making the annual magazine of NSS KMC.

Truly analyzing the whole year journey of the unit into this book was a flashback to the past. Working with such brilliant minds, dedicated and talented in their fields was helpful to me here. The cooperation I received from the team is appreciated. Working here led me to explore one new area and yes I can say everyone enjoyed it while preparing it.
with love – team sanyukt

Bharat Singh Rajpurohit



मैं खुद को बहुत गौरवांवित महसूस कर रहा हूँ, कि मुझे पुनः वार्षिक-पत्रिका (संयुक्त) के संपादन के लिए चुना गया है तथा उसके साथ एक सम्मानित पद – उप-संपादक का कार्यभार भी मिला है। आपको जानकर हैरानी होगी, कि इस पत्रिका में वर्ष भर के ढेर सारे दिनों की यादों को चंद पन्नों में समेटने का प्रयास किया गया है।

मैं सौभाग्यशाली हूँ, कि मुझे एक ऐसी टोली के साथ कार्य करने का मौका मिला जो खुद तो आभा, क्रियात्मक मस्तिष्क और सहयोग की भावना से संपन्न है तथा जिसने मुझे कुछ नया सीखने के लिए प्रेरित की तथा सहायता प्रदान की।

Alok Singh



संयुक्त, as the name suggests, embodies the principle of "together we stand," and our Annual Magazine effectively reflects this sentiment. I am immensely proud to mentor this session's editorial team. It has been a valuable opportunity to supervise the design section of the magazine alongside such a skilled group of coordinators. I extend my best wishes to everyone involved!

Shrishti Goyal

Notes

Editorial Board



Being the part of editorial board of our astounding unit once again fills me with a sense of gratification. Working with so ardent a team feels just amazing. I am taking many a constructive lessons with myself as I am writing my concluding remarks. Hoping that the legacy of our unit as well as the the magazine persists for years to come. Going through the pieces of work of the volunteers as well as children makes me feel elated as I see their talent blooming. Such incredible is the feeling that from reading magazines to actually contributing to one , we all have come a long way. Lastly, I must say that this magazine truly encapsulates the essence of a society.

Nikhil Singla



A year ago, I could only aspire to be part of NSS KMC. Today, I'm proud not only to be a member but also to share the incredible work of this organization. It has been an unforgettable journey, and I'm grateful for the opportunity to contribute. It fills me with pride to help bring the initiatives of our NSS family to our readers. Each page of this magazine reflects our genuine efforts. We invite you to explore and be inspired by these stories, just as we have been.

Ridims Jaiswal



This opportunity of working in the NSS KMC magazine would be my most learning experience about the society. It provided me with the opportunity to explore community stories that reflect the heart of our society. I truly hope this magazine reaches great heights and recognition . I'm grateful for the opportunity to connect with my community and contribute to meaningful storytelling. I'll always be grateful to the amazing team. I wish my best for the success of the magazine.

Utkarsh Gautam

Notes

Editorial Board



Being part of the editorial board has been such a privilege. When I first took on this role, it was entirely new and, honestly, a bit daunting. But over time, it became an experience that helped me grow in ways I didn't expect. The challenge of curating content and working with the team to shape its flow sharpened my writing skills and showed me how valuable discussions can be in creating something meaningful. It was an experience that taught me a lot and made me a better communicator and thinker.

Sujeet Kumar



I wanted to express my sincerest gratitude for affording me the opportunity to work with the NSS Magazine. My experience has been invaluable, and I've learned immensely from this endeavor.

Through my involvement, I've gained profound insights into the world of editorial operations, honed my writing and critical thinking skills, and broadened my perspective on diverse topics. The guidance and support provided by the board have been instrumental in my growth.

Riya



The opportunity of working in the NSS KMC magazine will always be an enriching experience for me. It provided me with the opportunity to get connected to the various community stories which reflect the true picture of the society. This opportunity has enhanced my skills as a content creator and editor. I wish that this magazine reaches new heights and receives the recognition it truly deserves. I wish that this magazine reaches new heights and receives the recognition it truly deserves.

Ayushman

Notes

Editorial Board



I'm thrilled to share that this opportunity to work in the NSS KMC magazine was a dream come true. My journey, working for this magazine, has been filled with learning, creativity and growth. My passionate co- members and seniors helped me throughout this journey making my work more fun, exciting and filled with new learnings.

My time has been invaluable. Overall, working in NSS magazine has been a fantastic journey that has enhanced my skills and connected me with wonderful people.

Jasmin



Being part of the editorial board for NSS Kirori Mal College has been an incredibly enriching experience for me. I assisted in creating the Women Empowerment events section of the year magazine.

I felt honored to contribute to a platform that celebrates strength, resilience, and progress of women. This experience has deepened my understanding of the power the written words possess in empowering communities.

Yashasvi Birla

Notes



Being a part of संयुक्त is a great privilege for me. Engaging with talented writers and creatives pushed me to elevate my own skills and think outside the box. The process of brainstorming ideas, conducting research, and crafting my pieces was both challenging and rewarding. I'm incredibly grateful for this opportunity and look forward to contributing more in the future!

Best Regards,
PARIDHI

Paridhi

Editorial Board



Working on संयुक्त as a member of the editorial board has been a rewarding journey for me, filled with learning and growth. I am proud to be part of a team that captures the essence of our NSS KMC initiatives. This experience has deepened my commitment to serving our society, embodying our motto, "Not Me But You," and has inspired me to continue making a positive impact. I thank everyone who supported this endeavor; together, we can make a difference

Keshav Kumar



This opportunity of working in the NSS KMC magazine would be my most learning experience about the society. It provided me with the opportunity to explore community stories that reflect the heart of our society. All the days I've spent on this magazine, working alongside the team members, we exchanged ideas, provided feedback, and celebrated every step together. It was motivating to see how our collective efforts contributed to a polished final product. I truly hope this magazine reaches great heights and recognition. I'm grateful for the opportunity to connect with my community and contribute to meaningful storytelling. I'll always be grateful to the amazing team. I wish my best for the success of the magazine

Vaishnavi Mishra

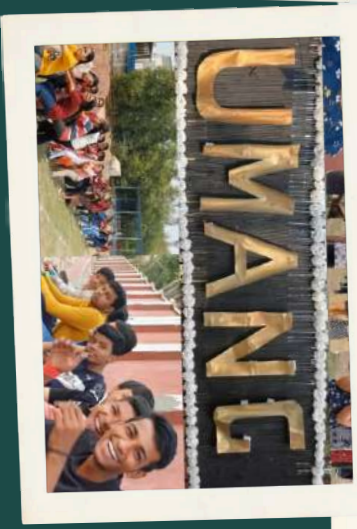


I feel well pleased to work as a member of the editorial board of संयुक्त, where I got to work with some of the great minds of our unit. I'm very glad to have such a talented & supportive team alongside me. The motivation of putting something really special before you has acted as a driving force for us to work tirelessly day and night on the magazine. Surely you'll get to know not only about the work done by NSS-KMC, but also about some of the exceptional talents in our unit once you go through the magazine. Lastly, I would like to thank the unit for giving me the opportunity to contribute in the magazine.

Krrish Prasad Sah

Notes







माना कि पहले दिन उसकी ...
होठों की लकीरें थी सीधी सी..
टेडी मेडी सुंदर हसी..
बनाने उसे... थे हम चले..

दबे दबे पाओ से आया था वो..
उम्मीद आंखों में लाया था वो
सपनों को उसकी उड़ान
देने... थे हम चले...

कुछ सहयोग तेरा, कुछ सहयोग मेरा
आशा है सपनों को हम हकीकत बनाएंगे
कुछ सहयोग तेरा, कुछ सहयोग मेरा
कमजोरियों को भी हम ताकत बनाएंगे

तुझको सब मालूम है मेरी मां
बाबा देखना कुछ बन के मैं आऊंगा
जब रोशनी भी अंधेरी थी,
हर कदम पे जब बस लकीरें थी,
तू मेरे अशकों को न रोक पाई थी,
उस दर्द में भी गहराई थी

तोड़ेंगे सारी बेड़ियां, हमको ना बांध सकेगी
थामेंगे हाथ एक दुजे का, हासिल करेंगे उचाइयां

कुछ सहयोग तेरा, कुछ सहयोग मेरा
आशा है सपनों को हम हकीकत बनाएंगे
कुछ सहयोग तेरा, कुछ सहयोग मेरा
कमजोरियों को भी हम ताकत बनाएंगे

कमजोरियों को भी हम ताकत बनाएंगे

Not me But You